

THIS WEEK

Sunday 9 July - Trinity 4

8.00am **HOLY COMMUNION**, page no 162

President: Revd Kate Moore

8.30am Breakfast with the Bible, led by Chris Smith

9.30am **PARISH EUCHARIST**

President: The Canon Theologian

Preacher: The Dean

11.15am **CHORAL MATTINS**

Preacher: Chris Smith

3.30pm **EVENSONG and farewell to choir members**

Address: The Dean

NEXT WEEK

Sunday 16 July - Trinity 5

8.00 am **HOLY COMMUNION**, page no 163

President: Revd Kate Moore

9.30 am **PARISH EUCHARIST**

President: Revd Kate Moore

Preacher: The Vice Dean

11.15 am **EUCHARIST**

President: The Vice Dean

Preacher: Revd Kate Moore

1.30pm Baptism of Ophelia Mary Grace Britton

3.30 pm **EVENING PRAYER with hymns**

Address: The Vice Dean

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

Fourth Sunday after Trinity, 9th July 2017



Celebrating Bobby

Bobby Harrington has been at the heart of the Cathedral's work with schools and visitors over the last seventeen years. It has been a remarkable achievement, and last Monday Bishop Stephen presented Bobby with the Order of St Cedd in recognition.



Thousands of children have experienced a great welcome here at the Cathedral - highlights each year have been the Christmas and Easter Workshops, as well as the Great Big Sing events.

Bobby leaves an Education Team in great shape and passes on the work to Marian Emuss, former head of the Cathedral School, and Steve Kersys from the Diocesan Education Team.

Canon Edward Carter said, "We owe Bobby a huge debt of thanks and I'm confident this work will go from strength to strength under Marian and Steve."

Contact us at:

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Matthew 11: 16-19, 25-end

Introduction & Context

Vv. 16-19a are a parable in which the “children” are John and Jesus; the people of Israel ignore their message, whether it be told austere (by John, as at a funeral, “mourn”) or in merriment (by Jesus, as at a wedding). But God’s “wisdom” proves them right by their results. Then vv. 20-24: people in Jewish towns, where Jesus has invited conversion through miracles (“deeds of power”), have ignored his message and will be condemned at the Last Day, while people of Gentile towns would have been much more receptive. In vv. 25-26, Jesus thanks his Father for choosing the simple, uneducated (“infants”) over the religious leaders (“the wise ...”). He is totally the Father’s representative; only the Father knows him, and only he and those he chooses know the Father. He invites the downtrodden to accept his “rest” (v. 28). Rabbis spoke of the “yoke” (v. 29) of the Law, with its many regulations. Jesus’ way is “easy” (v. 30): love God and each other! He is both teacher and the one to emulate.

Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

Next Sunday’s Readings - 16/7/17 :Trinity 5

9.30 am & 11.15 am:

Romans 8: 1-11

Psalm 65

Matthew 13: 1-9, 18-23

3.30 pm:

Psalm 85

Amos 7: 7-15

Mark 6: 14-29

THE WEEK AHEAD

Sunday 9 July

7.30pm

Concert: Stabat Mater

Monday 10 July

6.00 - 8.00pm

Youth Group (YMCA)

Wednesday 12 July

9.30am

Parent and Toddler Group (Chapter House)

10.00 - 3.00pm

24/7 Prayer (St Peter’s Chapel)

12.35pm

Eucharist

1.00 - 3.00pm

Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm

Friendship Club (Chapter House)

7.00pm

Fellowship Groups’ Social Evening (Learning Centre)

Thursday 13 July

10.00am

Eucharist

2.00pm

Mothers’ Union Garden Party (Guy Harlings Garden)

Williams. Tickets cost £25, book via eventbrite.co.uk

Saturday 29 July 6.30pm

Celebrity Organ Recital with Peter King. Admission £8 including a drinks reception. Tickets available from the Cathedral Bookshop and on the door.

Thursday 3 August

The evening section of the **Mothers’ Union** are holding a Garden Party in Guy Harling’s Garden.

Sunday 1 October 11.15am

At this year’s **Harvest Festival** we welcome donations of hand-tools for ‘Tools With A Mission’. TWAM produces trade kits for

vocational training centres and community workshops around the world. They have a team of volunteers who collect and refurbish tools. The charity distributes the tools to projects that aim to transform lives and communities. Tools for the following trades will be welcomed on the day: blacksmiths, builders, carpenters, dress-makers, electricians, gardeners, masons, painters and decorators, plumbers and mechanics. For further details please contact Revd Janet Nicholls, Rural Adviser and Agricultural Chaplain jnicholls@chelmsford.anglican.org

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Junior Church meets today, starting at 9.30am in Chapter House. This week's theme is 'My yoke is easy and my burden is light'.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

There will only be one **newsheet** produced covering the whole of August so if you have any notices you wish to be included for August or the first week in September, please email Clare Broome clare.broome@chelmsfordcathedral.org.uk by Tuesday 1 August.

Join our concert team!

The Cathedral is delighted to be welcoming back the world-famous London Community Gospel Choir who'll be performing here on 9 September. We're looking for a volunteer team to support the concert – you'll get to see behind the scenes, welcome the audience and of course attend the concert! If

you'd like to help please contact Ruth Collin in the Cathedral office on ruth.collin@chelmsfordcathedral.org.uk or call 01245 294488.

Saturday 15 July 5.15pm

The gentlemen of the Cathedral Choir will sing Evensong at Bradwell Chapel - do join them for this evocative service.

Sunday 16 July 12.45pm

Meeting Point lunch: at Côte Brasserie (opposite the Cathedral). Book with Penny tel: 07872 942625.

Wednesday 19 July 8pm

Theological Society Meeting: Revd Dr Fiona Stewart-Darling speaks on 'God is alive in the public arena: a view from the workplace'. St Cedd's Hall, Chapter House, £3.50 payable on the door.

Saturday 22 July 2.30-5pm

Posh Tea: Please join us for tea, cakes and a glass of fizz in Jean and Dan Glading's garden, 43 Spalding Way, Great Baddow. Raffle and Bring and Buy/plant stall. Proceeds to the Flower Guild to buy flowers for the Cathedral. Tickets £7.50, available from Pippa Alston 01245 262361, pippaalston@aol.com, or Isabel Fyfe 01245 258505.

Saturday 29 July

Returning to our roots: a day retreat at Bradwell Chapel experiencing praying and meditation in Aramaic, led by Revd Dr Jenny

Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	Mt 11: 16-19, 25-end	<i>Thursday:</i>	Matthew 10: 7-15
<i>Monday:</i>	Matthew 9: 18-26	<i>Friday:</i>	Matthew 5: 1-8
<i>Tuesday:</i>	Luke 18: 18-22	<i>Saturday:</i>	Matthew 5: 43-48
<i>Wednesday:</i>	Matthew 10: 1-7	<i>Sunday:</i>	Matthew 13: 1-9, 18-23

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

'The job of a Christian is to see sorrow where it's thought to be hidden and grandeur where it's least expected'.

— William Temple

Please pray for:

- Jean Cooper, Rosemary Duffin, Julie Liney, Cyril Mills, Canon Simon Pothan; all those receiving home communion and all in need of our prayers.
- The Mission to Seafarers and all agencies who work amongst seafarers
- Broomfield Road Evangelical Church
- The Diocese of Okinawa (Japan) & Rt Revd David Eisho Uehara

“The Great Get Together” at Chelmsford Cathedral English for Women Group

The Great Get Together took place last month across Britain, to mark the anniversary of Jo Cox’s death by bringing communities together and celebrating all that we hold in common.

“The Great Get Together” celebrations started early for the Chelmsford Cathedral ‘English for Women’ group. From all parts of the city, 32 women along with their pre-school children, make their way to the second floor of an old office block in the centre of the city. They are all foreign nationals, here for their regular English language ‘drop in’ session and are met by fifteen or so English-speaking women who regularly volunteer with the group. As prams are parked and greetings exchanged, there is a buzz in the air; something special is about to happen.

Each week the women work together to improve their verbal and written language skills, through a mixture of conversation and formal learning. But more than that, the group aims to raise awareness of British values and offer practical skills for living in the UK – everything from signing up with a dentist, to negotiating public transport, to reporting hate-crime. The group offers women a place to come together, to meet other women, to build relationships and break through isolation.

A few weeks ago, the whole morning was given over to celebrating the life of Jo Cox. Jenny Phillips, one of the

volunteers, who worked with group leaders Heike Prentice and Sarah Carter to plan the day said: “I have fond memories of Jo, who was in the year above me at Pembroke College, and I was devastated by the news of her death. We wanted to hold a “Great Get Together” and this is the perfect setting. Jo would have loved what we do here at ‘English for Women’ – working together in a small way to make our community here in Essex a place where women from all over the world feel valued.”

After the children have settled down to play in the nursery area, the women split into ‘beginners’ and ‘advanced’ groups to read through a biography of Jo’s life and beliefs. The beginners learn the basics – that she was a member of parliament who campaigned bravely and tirelessly for human rights; that a year ago she was murdered.

In the advanced group the women take turns to read the longer version out loud, pausing to ask for definitions of more difficult words: *compassion, diversity, outpouring, solidarity, transcends*. When it comes to explaining what *grassroots* means, it is time to pause and look around the room: at the groups of women of all nationalities talking animatedly about the importance of tolerance and unity in the face of hatred; at the young women running the crèche, who give up their time gladly each week to wipe noses and play games with other

people’s children, so that their mothers can take part in the lessons. Since setting up the ‘English for Women’ group in 2015 to help orientate women from a small number of Afghan families who were settling in the city, Heike and Sarah have watched it flourish and they now welcome women from over 24 different countries. The group runs three times a week, with a different set of volunteers each morning, and many of the ‘learners’ attend all three sessions. For many it is a life-line – a safe space to practice their English, to learn, to connect, to be themselves. The group makes a positive difference for these women. *This is grassroots*. After the formal part of the morning, and a chance to break for refreshments, the ‘celebration’ part

begins. Because many of the women are observing Ramadan, the focus is on sharing other things, as well as food. A young lady from Brazil shows a group how easy it is to make ‘yo-yo’ embellishments out of circles of scrap fabric gathered together and held with a button. An Urdu teacher from Pakistan demonstrates how to incorporate mirrors into hand-embroidery. The group share family photograph albums; memories of their home-town; a favourite family recipe. At twelve o’clock, the group is in full swing, and as always there is a reluctance to pack up. Even with the glorious summers’ day waiting for them outside, the women linger, savouring the last few moments together, before they have to leave.

For more information about Chelmsford Cathedral ‘English for Women’, please contact Heike Prentice, heike.prentice@chelmsfordcathedral.org.uk



English for Women has had to move from Threadneedle House but are delighted to have moved into the YMCA where the group will be meeting, during term time. Volunteers (pictured above), moved equipment last week into the new premises.