

THIS WEEK

Sunday 16 April - Easter Day

8.00am **HOLY COMMUNION**, page no 128

President: The Vice Dean

8.30am Breakfast with the Bible, led by the Dean

9.30am **PARISH EUCHARIST**

President: The Dean

Preacher: The Dean

11.15am **CHORAL EUCHARIST with incense**

President & Preacher: Rt Revd Stephen Cottrell,

Bishop of Chelmsford

3.30pm **FESTAL EVENSONG with Procession**

Address: The Canon Theologian

This morning the Canon Theologian is presiding and preaching at St Michael's Daws Heath & St Peter's Thundersley

NEXT WEEK

Sunday 23 April - Second Sunday of Easter

8.00 am **HOLY COMMUNION**, page no 128

President: The Dean

9.30 am **PARISH EUCHARIST**

President: The Vice Dean

Preacher: Revd Kate Moore

11.15 am **EUCHARIST with hymns**

President: Revd Kate Moore

Preacher: The Vice Dean

3.30 pm **EVENSONG with hymns**

Address: The Dean

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

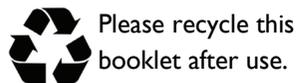
Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

Easter Day, 16 April 2017



Christ is risen! Alleluia!

Holy Week and Easter reach their extraordinary climax today - we have welcomed Jesus into Jerusalem. We have eaten the last supper with him in the upper room. We have stood at the cross and watched him die. And today the most extraordinary miracle - Christ is risen from the dead!



But - like the rest of the New Testament - today invites us not simply to remember something that happened nearly 2000 years ago. No - it invites us to make that real in our lives today. One of the great prayers for Easter puts it brilliantly: "for now a broken world is being renewed and human beings are once again made whole."

That is the promise of Easter: that despite so much suffering and pain, so much war, the realities of human need, God is alive and active in his world bringing hope, reconciliation and peace.

Contact us at:

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and visit our website: chelmsfordcathedral.org.uk

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Matthew 28: 1-10

Introduction & Context

Mary Magdalene and Mary the mother of James saw Jesus' body laid in the tomb, the stone door sealed, and a guard mounted. Now, soon after dawn on Sunday morning they return to "see". Matthew highlights God's power: here, and when Jesus died, an "earthquake" (v. 2), which heralds the arrival of "an angel", a messenger from God. The sealing of the tomb has marked death's victory. Now God's agent rolls back the door ("stone") and sits on it – symbolizing Jesus' triumph over death. The angel's "appearance" (v. 3) shows God's presence and power ("like lightning"); his clothing is like Jesus transfigured. The guards are paralysed with "fear" (v. 4), but the angel is no threat to the women ("Do not be afraid", v. 5). As Jesus has told his disciples ("as he said", v. 6), Jesus has risen from the dead. The disciples will see him again in Galilee. The women leave the tomb filled with awe ("fear", v. 8) and "great joy". Jesus meets the Marys again later (v. 9). That they "took hold of his feet" attests to his bodily resurrection. Jesus refers to the disciples as "brothers" (v. 10); he has forgiven them for deserting him.

Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

Next Sunday's Readings - 23 April 2017 : Easter 2

9.30 am & 11.15 am:

Acts 2: 14a, 22-32

Psalm 16

1 Peter 1: 3-9

John 20: 19-end

3.30 pm:

Psalm 133

Exodus 14: 10-31; 15: 20-21

1 John 1: 1-2: 2

THE WEEK AHEAD

Wednesday 19 April

9.30am

Parent and Toddler Group (Chapter House)

12.35pm

Eucharist

1.00–3.00pm

Welcome on Wednesday: coffee and cake in the North Transept

Thursday 20 April

10.00am

Eucharist

10.45am

Faith and Fitness (North Transept)

2.00pm

Mothers' Union Meeting (Chapter House)

Saturday 22 April

6.00pm

Youth Fundraising Quiz Night (Chapter House)

costing £25, are available from Yvonne Spence. Email: yvonespence@hotmail.com

Wednesday 3 May 8.00pm

Theological Society Meeting

Fiona Stewart-Darling, Lead Chaplain in the Canary Wharf Multifaith Chaplaincy team speaks on 'God is alive in the public arena: a view from the workplace. Chapter House. Admission is £3.50, payable on the door.

Thursday 4 May 8.00pm

Mothers' Union meet in the Chapter House where James Davy, Organist and Master of the Choristers speaks on 'Meringues with Music'.

Saturday 6 May 7.30pm

A concert of sacred music for upper voices with the Cathedral Girls' Choir and Cadence and Cantoria choirs from Abbots Bromley School is taking place in the Cathedral. Free admission.

Sunday 7 May 5pm

Gianni Schicchi. A performance of Giacomo Puccini's one-act comic opera. Proceeds from the concert are going to the Italian Red Cross supporting their earthquakes appeal. Admission £8 on the door (with light refreshments from 4.30pm).

Thursday 11 May 2pm

Mothers' Union meeting in Chapter House. Nick Alston speaks on the 'work of a Police and Crime Commissioner'.

Friday 12 May 7.15pm

Choirs' Association Wine Tasting Evening

This fundraising event for future choir tours will take place in the north transept of the Cathedral. It is being hosted by Robin Greatorex whom many of you will remember from our festival days! Cheese and biscuits will be included. Tickets at £10 per head are available on application from Stephanie in the Cathedral Office.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Junior Church restarts on 23 April.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

Song School Roof Repair

Work to the Song School roof begins on Monday 24 April and lasts until November. During this time scaffolding will be in place both inside and outside the North Vestry Block. For safety reasons access to the Vestry Block may occasionally need to be restricted, particularly during the erection of the scaffolding. Please note that this means the toilets will be closed. This will be kept to a minimum and thank you for your understanding.

Friends of Chelmsford Cathedral outing to Ely Cathedral 17 June 2017. Cost £28. including tour and tea. If anyone would like to join us, please contact Jackie Dryhurst tel: 01245 268596 after 4.30pm for further details .

Friday 21 April 10am

The Cathedral Walking Group are heading to the bluebell woods on a walk led by Karen Campbell. Meet at The General's Arms, The Ridge, Little Baddow CM3 4SX order lunch before setting off on a four mile walk (four stiles and a few steep paths). Contact Anne Sparrow for details. Email: anniesp23@yahoo.co.uk All are welcome.

Sunday April 23 12.45pm

Meeting Point Lunch at Pontlands Park. Please book with Penny tel: 07872 942625 if you would like to join others for Sunday lunch.

Tuesday 25 April

New Interests Group: 'Two rivers walk and Shotley stroll' Where the Orwell and Stour rivers meet, enjoy peaceful countryside views. Shared car transport and details available from Ann Freese email: allfreese@supanet.com or tel: 01245 357096.

Saturday 29 April 9 for 9.30am

The Annual Meeting is the annual opportunity for the Cathedral congregations to both receive reports on the mission and ministry of the Cathedral and to elect wardens and other representatives. The meeting takes place in the Cathedral, with breakfast available from 9 am. The meeting will finish by 11 am. Everyone is encouraged to make this a priority.

7.15pm

Chelmsford Cathedral Annual Dinner with guest speaker the Revd Canon Dr Giles Fraser. Tickets,

Daily Gospel Readings for this week, to use in your daily prayer:

Sunday: Matthew 28: 1-10

Monday: Matthew 28: 8-15

Tuesday: John 20: 11-18

Wednesday: Luke 24: 13-35

Thursday: Luke 24: 35-48

Friday: John 21: 1-14

Saturday: Mark 16: 9-15

Sunday: John 20: 19-end

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

The great gift of Easter is hope - Christian hope which makes us have that confidence in God, in his ultimate triumph, and in his goodness and love, which nothing can shake.

Basil Hume

Please pray for:

- Jean Cooper, Amanda Corcoran, Rosemary Duffin, Julie Liney, Canon Simon Pothen; all those receiving home communion and all in need of our prayers
- St Michael and All Angels, Galleywood

The angel said to the woman, "Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen, as he said." Matthew 28:5-6

J's Hospice



Jonathan Whiffin (a Cathedral School pupil) was diagnosed with Duchenne Muscular Dystrophy at the age of three. As he grew into his teens, his mum, Denise, realised that there was a real lack of hospice care for young people who had outgrown children's hospices, and in 2010, she founded the J's Hospice in Jonathan's memory. Today, the J's Hospice is a charity that provides care for over 100 people between the ages of 16 and 40 with life-limiting illnesses. It is unique in that all of the care it provides is done in people's homes, and in the community: there is no J's Hospice building. The staff and volunteers work with around at the hospice do a brilliant job of helping people achieve the best quality of life possible. This service will now look to develop further as the J's begin to work in partnership with the Havens Hospices group.

Just over a year ago, the J's entered into a partnership with Chelmsford Cathedral. The Cathedral offers the hospice a chaplaincy service for staff and patients, free of charge. The chaplaincy team is headed up by Tim Leeson, and includes volunteers Lee Lazari and Kate Dash, with clergy support from

Kate Moore. The team get to know the staff and patients at J's 'Inspire!' days: a regular social gathering for the patients in Danbury. Here, they talk, listen, play games, and make note of where there are spiritual needs that could be helped. They go out to see patients in their homes and hospitals, join in with social events (Tim recently went wheelchair ice-skating with some of the patients!), and regularly pop into the offices to say hello to the hard-working staff. The Cathedral also hosts the J's Hospice annual 'Lights of Love' Christmas remembrance service.

This is a relationship which the Cathedral is tremendously proud of, and we're keen to support the hospice in every way possible. One way this is happening this Summer is a series of events, congregation member Michael Minta is taking part



in, to raise money for J's Hospice. This is Michael's account of his fundraising plans for J's:

"Primarily I will be riding the Prudential Ride London-Surrey 100 – that's 100 miles and includes big hills! Living in Essex that may mean it is even more of a challenge...

And to make this a real feat of endurance, if I exceed my target of £1000 (before gift aid) I will also run the J's Chelmsford Marathon in October!! So, the more you donate the harder I will have to train! chelmsfordmarathon.org.uk

That's not all - I will also be cycling 50 miles at 'Pedal for the J's' and would love for you to join me or try one of the other distances... thejshospice.echoleft.com/charity-events/pedal-for-the-js



Why J's? There are many worthy charities I could have chosen for good reason including Arthritis UK and Little Havens but I have always had an affinity to J's - and not only because I am Chair of Governors at The Cathedral School where Jonathan went to school!

Thank you ever so much for all your support and for any donations you can give – it is really appreciated. This is my fundraising page: uk.virginmoneygiving.com/MichaelMinta

