

THIS WEEK

Sunday 18 February - First Sunday of Lent

8.00am **HOLY COMMUNION**, page no 86

President: The Canon Theologian

8.30am Breakfast with the Bible, led by Canon Edward Carter

9.30am **PARISH EUCHARIST**

President: The Canon Theologian

Preacher: The Dean

11.15am **CHORAL EUCHARIST** sung by East London Evensong Choir

President: The Dean

Preacher: The Canon Theologian

3.30pm **EVENSONG** sung by the East London Evensong Choir

4.30pm **The Dean's Round Table (1)**

NEXT WEEK

Sunday 25 February - Second Sunday of Lent

8.00am **HOLY COMMUNION**, page no 88

President: Revd Ade Eleyae

8.30am **Breakfast with the Bible** led by Canon Edward Carter

9.30am **PARISH EUCHARIST**

President: The Dean

Preacher: Revd Ade Eleyae

11.15am **CHORAL EUCHARIST**

President: The Canon Theologian

Preacher: The Vice Dean

3.30pm **EVENSONG**

4.30pm **The Dean's Round Table (2)**

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

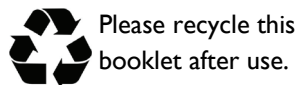
Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri, said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

First Sunday of Lent, 18 February 2018



The Annual Meeting

The annual meeting is being held on Saturday 21 April at 9am for 9.30am. It will finish by 11am. Refreshments will be available from 9am and there will be a simple crèche facility in St Cedd's Chapel. Everyone is welcome and encouraged to come.

The meeting will receive the annual accounts and associated documents, and also elect wardens. This year there will be some changes to this process - please make sure you come along to the Round Table Discussions in February and March to share in the discussions about what these changes should look like.

On 15 April - the Sunday before the AGM - the Dean will use the



sermon for the annual review and copies of that will be available on the day and on the website.

Please put the date in your diary and come along on the day.

Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY
01245 294492 (Emergency out of hours contact: 07518 124858)
and visit our website: chelmsfordcathedral.org.uk
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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Mark 1.9-15

Introduction & Context

Jesus is baptised by John. Perhaps “like a dove” (v. 10) is an allusion to the *spirit hovering* in Genesis 1:2. To Mark, the “voice ... from heaven” (v. 11) confirms the already existing relationship between the Father and Jesus. Mark only mentions Jesus’ temptation briefly. “Satan” (v. 13) is the supreme demon whose kingdom is now ending. “Forty” recalls Israel’s 40 years in the “wilderness”; it echoes the 40 days of testing Moses endured when the covenant was renewed after the *gold calf* incident (Exodus 34:28). Elijah too spent “forty days” on Mount Sinai (1 Kings 19:8). In the “wilderness” (probably the Judean desert, the home of demons), “wild beasts” may attack him, but “angels” protect him. The word Mark uses here for *arrest* (v. 14) also occurs in the story of Jesus’ passion and death: John’s fate foreshadows Jesus’ fate. Jesus returns to Galilee. His message begins with “the time is fulfilled”: the time appointed by God, the decisive time for God’s action, has arrived. “The kingdom of God has come near”: the final era of history is imminent. Jesus calls people to start a new life in God’s way, to “repent, and believe in the good news.”

Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

Next Sunday’s Readings - 25 February : Lent 2

9.30 am & 11.15 am:

Genesis 17.1-7,15-16

Psalms 22.23-31

Mark 8.31-38

3.30 pm:

Psalms 135

Genesis 15.1-12,17-18

Philippians 3.17 – 4.1

THE WEEK AHEAD

Sunday 18 February

12.45pm

Meeting Point Lunch (Pontlands Park)

4.30pm

The Dean’s Round Table discussion

Monday 19 February

5.30 - 7.00pm

Youth Group (YMCA) Yr 6 - 8 film night

7.00 - 8.30pm

Youth Group (YMCA) Yr 9+ film night

Wednesday 21 February

9.30am

Parent and Toddler Group (Chapter House)

12.35pm

Eucharist

1.00 - 3.00pm

Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm

Friendship Club (Chapter House)

Thursday 22 February

10.00am

Eucharist

Friday 23 February

12.30pm

Lunchtime Concert - The Stavlas Trio (violin, cello, piano)

7.00pm

Screening: Sister Act (Tickets: Spectrum Events)

Saturday 24 February

7.30pm

Rotary Young Musician Competition (Tickets: £5 on the door)

Thursday 15 March

New Interests’ Group and Cathedral Walking Group

walk. Coffee at St Peter’s Levington, a walk along the coastal path to the marina with lunch at The Ship. All welcome to come for all or part of the day. More details from either Ann Freese email Ann Freese allfreese2@gmail.com or Anne Sparrow anniesp23@yahoo.co.uk for more details.

Thursday 15 March 10.45am

The next Cathedral Prayer Group session takes place in the Chapter House. All welcome to come and join others to pray for the Cathedral, parish, wider

community, the Diocese and the needs of the world.

Tuesday 3 April to Thursday 5 April

As part of a Diocesan scheme, Encounter Young Leaders, I am going to be running an **Easter Holiday Club** from 3rd to 5th April at the Cathedral for children aged between 6 and 11, and I am looking for volunteers to help out with craft activities and/or be part of the worship team. Each day will run from 9.30 until 12.30; even if you are only available for one or two of the days, please still get in touch, as any help is greatly appreciated. For more information please email rminta@virginmedia.com
Rebecca Minta

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

There is no Junior Church this week as it is half term.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

The Art Club meet on Thursdays in the Learning Centre from 1.30 - 3.30pm. All welcome to come along and paint or draw in the company of others. If you would like more information please contact Tony Harrington on 01245 265052 or email: harrington303 @outlook.com

To celebrate Pam Sharpe's 70th Birthday, cake will be served after the 9.30am service today.

Easter Lilies

If you would like to sponsor a lily in memory of a loved one, the cost will be the same as last year £3.00. Please give your donation or a cheque made payable to Chelmsford Cathedral Flower Guild to our treasurer; Isabel Fyfe, 129 Beeches Rd, Chelmsford, CMI 2SA (01245

258505). Memorial cards for your name and message will be available from the Treasurer or the verger's office.

Thursday 1 March 8pm

The next Mothers' Union meeting takes place in Chapter House. It is on Marriage Preparation and is being led by Carol Gumbleton. Please bring a wedding photo.

Friday 2 March 10.30am

Women's World Day of Prayer for 2018 is taking place at Moulsham Lodge Methodist Church, Moulsham Lodge, Lime Walk, CM2 9NJ. There is a car park at rear of building and it is on the 45 Bus route. All welcome.

Thursday 8 March 2pm

Mothers' Union meeting in St Cedd's Hall meet for an afternoon of Lenten reflection led by Marion Ketley.

Saturday 10 March 7.30pm

The Stondon Singers will be performing Bach's St John Passion in the Cathedral accompanied by the John Jenkins Consort. The soloists include former Cathedral singers Tim Travers-Brown and Themba Mvula. Tickets, £18 and £12 are available on the bookstall or from Nick Alston. 01245 262361 or nkalston@aol.com

Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	Mark 1.9-15	<i>Thursday:</i>	Matthew 7.7-12
<i>Monday:</i>	Matthew 25.31-end	<i>Friday:</i>	Matthew 5.20-26
<i>Tuesday:</i>	Matthew 6.7-15	<i>Saturday:</i>	Matthew 5.43-end
<i>Wednesday:</i>	Luke 11.29-32	<i>Sunday:</i>	Mark 8.31-38

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

Prayer is where the action is.

John Wesley

Please pray for:

- David Bridger, Rosemary Duffin, Julie Liney, Bartholomew Mullane; all those receiving home communion and all in need of our prayers
- The friends and family of Betty (Elizabeth) Clarke, member of the Mothers' Union, who died on Monday 12 February
- St Andrew's, Melbourne
- The Bishop's Lent Appeal, that people will be moved to give generously
- The Church of the Province of Central Africa & the Most Revd Albert Chama, Archbishop of Central Africa & Bishop of Northern Zambia

Dean's Round Table Sundays 18 & 25 Feb & 11 March.

4.30 - 6pm in the North Transept

18 Feb with Bishop Stephen looks at the Visitation recommendations.

25 Feb looks at whether we should still be a parish church and how we serve the city, diocese and region.

11 March looks forward: if we had the resources to do anything, what would be our top ten priorities? Come along to any or all of them and make your voice heard.

THE BISHOP'S LENT APPEAL



This year's Lent Appeal will be raising funds to purchase a Water Bowser for use by the Diocese of Marsabit in northern Kenya. This will help them to transport water to the more remote communities that they serve.

The Diocese of Marsabit has been led by Bishop Daniel Qampicha since 2016. He leads a diocese that is the size of England, with a population half that of Essex, and that is amongst the poorest in Kenya. He writes: "Water is essential for life, health and human dignity. In extreme situations, there may not be sufficient water available to meet basic needs, and in these cases supplying a survival level of safe drinking water is of critical importance. In most cases, the main health problems are caused by poor hygiene due to insufficient water and by the

consumption of contaminated water. Over the last five years, pastoralist's communities have faced water deficiencies, attributed mainly to below normal rainfall. This has forced households to walk for between 30km and 40km in search of water for domestic use as well as for livestock.

Availability of the truck will improve sustainable access to sufficient quantity of water for drinking, cooking, personal and domestic hygiene. The water will be sold at an affordable rate so that a contingency is built for future emergencies."

The chelmsford.anglican.org website has further details including how to donate to the appeal or alternatively make a donation via the yellow envelopes in the Cathedral clearly marking them Lent Appeal. Remember to gift aid your donation if you can.

PLEDGE TO REDUCE PLASTIC USE THIS LENT



ECO  **CHURCH**



As part of our commitment to making a difference in Lent, why not try and reduce the amount of plastic you use and help the Cathedral commit to its ECO-Church status. You could buy fruit and veg without plastic bags; or use a bar of soap rather than liquid soap in a plastic bottle. In the cathedral is a poster and you are encouraged to think about how you can make a difference and reduce the amount of plastic waste on our plant. Use a post-it to share your ideas and encourage others.