

## THIS WEEK

**Sunday 18 September - Seventeenth Sunday after Trinity**

**8.00am HOLY COMMUNION**, page no 184

*President: The Canon Precentor*

**8.30am** Breakfast with the Bible, led by Paul Beasley-Murray

**9.30am PARISH EUCHARIST**

*President: The Dean*

*Preacher: The Dean*

**11.15am CHORAL EUCHARIST**

*President: The Canon Precentor*

*Preacher: The Dean*

**3.30pm CHORAL EVENSONG**

*Address: The Canon Precentor*

## NEXT WEEK

**Sunday 25 Month - Eighteenth Sunday after Trinity**

**8.00 am HOLY COMMUNION**, page no 185

*President: The Dean*

**9.30 am PARISH EUCHARIST**

*President: The Dean*

*Preacher: Revd Kate Moore*

**11.15 am CHORAL EUCHARIST**

*President: Heike Prentice*

*Preacher: The Dean*

**3.30 pm CHORAL EVENSONG**

*Address: The Dean*

**Daily Prayer through the Week (Mon to Sat):**

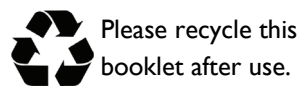
**Morning Prayer:** 7.45 am

**Holy Communion:** 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

**Midday Prayer** in St Cedd's Chapel

**Evensong/Evening Prayer:** 5.15 pm (sung on Mon, Tues, Thurs & Fri,  
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir  
– please check the Music & Services list for dates



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# CATHEDRAL LIFE WEEKLY

Seventeenth Sunday after Trinity, 18 September 2016



## “GET OUT OF HERE” SUNDAY



**AT THE END of every service Christians are “sent out”. Indeed the Latin word “Mass” literally means “get out of here!” Yes Christians are called to gather together for worship and fellowship and learning – these all form us for that mission to which Jesus calls us in the Gospels to “love God and love our neighbours as ourselves.**

For the third year running everyone here at Chelmsford Cathedral is

invited to do just that. On Sunday, 9 October there will be no 9.30am or 11.15am. Instead each one of us is encouraged to worship somewhere else and experience the life of a different community. The choice is yours, but if you would like suggestions, please talk to one of the clergy team – and do offer lifts to others.

It would be great, after the event, if you felt able to jot down a few reflections and send them to the Dean.

### Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY  
01245 294 492 (Emergency out of hours contact: 07518 124858)  
and visit our website: [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)  
Facebook: /chelmsfordcathedral Twitter: @CCathedral  
Safeguarding Officer: Elizabeth Marshall 07717043202



Diocese of  
Chelmsford

## Study Notes on the Sunday Gospel

**Reading: Matthew 5.3-11**

### Introduction & Context

“Blessed are” (v. 3) can be translated as *Happy are those who*. The “poor” (v. 3) are the many who were literally poor. Those of them who place themselves in God’s hands will enter the kingdom of heaven. Those who have no worldly joy because life is hard on them (“mourn”, v. 4) yet turn to God for help will be comforted, renewed, strengthened. Those whose lives are God-centred (“meek”, v. 5) will enter the kingdom. Those who seek ardently to live in union with God (“righteousness”, v. 6) will know the privilege and joy of loyal response to God’s will. The compassionate (v. 7) will receive compassion. Those who are single-minded, will live in God’s presence (v. 8). “Peacemakers”, (v. 9) will be God’s “children”. Those who are “persecuted” (v.10), ridiculed, denounced, ill-treated, in maintaining a right relationship with God (through Christ) will receive a “reward” (v. 12), God’s blessing: they will share in the kingdom. Disciples in Jesus’ day are like the prophets: they suffered persecution from their own people (v. 11).

### Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

## Next Sunday’s Readings - 25 Sept 2016 :Trinity 18

**9.30 am & 11.15 am:**

Amos 6: 1a, 4-7

*Psalm 146*

I Timothy 6.6-19

Luke 16.19-end

**3.30 pm:**

Psalm 134, 135

Nehemiah 2

John 8: 31-38, 48-end

## THE WEEK AHEAD

### Sunday 18 September

2.30pm Cathedral vs Mosque Cricket Match (CM5 0SJ)

### Wednesday 21 September

9.30am Parent and Toddler Group (Chapter House)

12.35pm Eucharist

1.00 - 3.00pm Welcome on Wednesday coffee and cake in the North Transept

6.00 - 8.30pm Youth Group Games Evening

### Thursday 22 September

10.00am Eucharist

10.45am Faith and Fitness (North Transept)

### Friday 23 September

12.30pm Lunchtime Concert - Thomas Holland (tenor) & Hans Montanana (piano)

### Saturday 24 September

3.00pm Friends’ Autumn Festival and AGM

### Sunday 2 October, 12.30 pm

**Harvest Lunch** in St Cedd’s Hall. Tickets £8 (family ticket £20) from Bobby Harrington (265052) or Yvonne Spence (465108).

### Sunday 2 October

**Meeting Point Lunch:** to book a place at the White Hart, Margaretting, please contact Penny tel: 07872 942625

### Sunday 2 October 3.30pm

#### Cantata Evensong

A complete performance of J.S. Bach’s cantata *Wo soll ich fliehen hin?* BWV 5, sung by the Cathedral Choir with Eboracum Baroque Ensemble. All welcome.

### Thursday 6 October 8pm

**Mothers’ Union Puddings and Publicity:** Meeting in the Chapter House, there will be an opportunity to taste different puddings and buy Mothers’ Union cards.

### Thursday 13 October 2pm

**Mothers’ Union** in St Cedd’s Hall, Chapter House. An AFIA presentation by Pam Hibbert.

### Saturday 22 October 7 for 7.30pm

#### Flanders & Swann & more

James Davy and Laurence Lyndon-Jones sing well-known and well-loved songs at this informal concert to raise money for the Cathedral Choirs’ Association. Tickets £8 (including a glass of wine on arrival) available from Stephanie in the Cathedral Office tel: 01245 294481.

## NOTICES & DATES FOR THE DIARY

**A very warm welcome** to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the sidespersons on duty at the doors if you have any questions.

**Junior Church** meets today, starting at 9.30am in Chapter House. The theme is Adam and Eve.

**Yellow Envelopes** If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

**Children's Society:** Could all holders please return their boxes for counting this month either directly to me or leave with the vergers. We are still high on the list of donors to the society and can hopefully continue to strongly support the society. If any one else would like a box, please ask me.  
*Richard Spilsbury*

### **Sunday 18 September**

**2.30 for 3pm Cricket Match: Mosque versus Cathedral:** come and cheer us on and support a landmark inter-faith event. It happens at Willingale Cricket Club CM5 0SJ (off the A414). Tea at the close (c 7 pm) will be provided by the Muslim community Everyone is very warmly invited to come along

to an important and very enjoyable occasion.

**Backnang:** this Sunday civic leaders from Backnang and Chelmsford will be joining us at the Cathedral for the 9.30am celebration. This will be the climax of the German civic visit to Chelmsford and it is a privilege to welcome our civic guests.

**Meeting Point** are travelling to Montreuil, France on Tuesday, 20th September returning on the 21st September.

**If you would like to book** a stall table for the Christmas Market on 3 December (cost £25 or free if you are raising funds for the Cathedral), please contact Yvonne Spence tel: 01245 465108 or email: Yvonne.spence@hotmail.com

### **Saturday 24 September 3pm Friends' Festival & AGM**

The speaker this year will be Revd. Canon Dr. Alison Joyce, Vicar of St. Bride's Church, Fleet Street. Members will receive details as soon as possible. All welcome!

**Musicians wanted** to form a new music group for the 9.30 am Sunday Eucharist. The first outing will be for Harvest on 2 October, please contact Simon Pothen tel: 01245 294482 or email precentor@chelmsfordcathedral.org.uk

## Daily Gospel Readings for this week, to use in your daily prayer:

*Sunday:* Matthew 5.3-10

*Monday:* Luke 8.16-18

*Tuesday:* Luke 8.19-21

*Wednesday:* Matthew 9.9-13

*Thursday:* Luke 9.7-9

*Friday:* Luke 9.18-22

*Saturday:* Luke 9.43b-45

*Sunday:* Luke 16.19-end

You can find a simple 10 minute reflection at: [www.pray-as-you-go.org](http://www.pray-as-you-go.org)

### Thought for the day

Joy does not simply happen to us. We have to choose joy and keep choosing it every day.

— Henri J.M. Nouwen

### Please pray for:

- Peggy and Ernie Andrews, Sue Cockett, John Davies, Rosemary Duffin, Antoin Irtelli, Julie Liney, Frances Muller, Janet Wallace; all those receiving home communion and all in need of our prayers
- Our brothers and sisters in the Religious Society of Friends and Canon Jennifer Hodgkin
- The Episcopal Church of the USA & the Most Revd Michael Curry, Presiding Bishop
- Life Church, City Centre

If you have been involved in a Cathedral event and have taken photos, please email them to me and space allowing, I will include them in the centre pages of Cathedral Life Weekly. Please remember that if your photo includes anyone under 18, you must have asked permission from their parent or guardian.



## LCGC with the BIG Sing Choirs



*LCGC performed with the BIG sing choirs at a sell-out concert at Chelmsford Cathedral last Saturday.*