

## THIS WEEK

### Sunday 30 October - All Saints

8.00am **HOLY COMMUNION**, page no 233

*President: The Dean*

8.30am Breakfast with the Bible, led by Paul Beasley-Murray

9.30am **PARISH EUCHARIST**

*President: The Vice Dean*

*Preacher: Revd Kate Moore*

11.15am **CHORAL EUCHARIST** with incense,  
sung by the Stamford Choir

*President: Revd Kate Moore*

*Preacher: The Vice Dean*

3.30pm **CHORAL EVENSONG** sung by the Stamford Choir

*Address: The Dean*

*This morning the Dean is leading the worship at All Saints, Stock and the Canon Theologian is presiding and preaching at All Saints' Great Horkesley*

## NEXT WEEK

### Sunday 6 November - Third Sunday Before Advent

8.00 am **HOLY COMMUNION**, page no 194

*President: The Vice Dean*

9.30 am **PARISH EUCHARIST**

*President: Revd Kate Moore*

*Preacher: The Vice Dean*

11.15 am **CHORAL EUCHARIST**

*President: The Canon Precentor*

*Preacher: Heike Prentice*

3.30 pm **CHORAL EVENSONG**

*Address: The Dean*

### Daily Prayer through the Week (Mon to Sat):

**Morning Prayer:** 7.45 am

**Holy Communion:** 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

**Midday Prayer** in St Cedd's Chapel

**Evensong/Evening Prayer:** 5.15 pm (sung on Mon, Tues, Thurs & Fri,  
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



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# CATHEDRAL LIFE WEEKLY



All Saints' Sunday, 30th October 2016

## Three Keene Lectures

- 9th November - Bishop Graham Tomlin
- 16th November - Dr Simon Heffer
- 23rd November - Revd Dr Emma Percy

**EVERY NOVEMBER** the Keene Lectures are held in the Cathedral on Wednesday evenings. This year the three speakers all have a connection with Chelmsford and Essex.

On 9 November Bishop Graham Tomlin will be speaking about ministry as a way of blessing the world. Bishop Graham is President of St Mellitus College, which meets in the Cathedral on Thursday evenings.

On 16 November well-known author and journalist Simon Heffer will speak to the title 'Should Politicians do God?' Dr Heffer grew up in Chelmsford and attended KEGS.



On 23 November Dr Emma Percy's title is 'Being Good Enough - Living Virtuously'. Dr Percy was born in Chelmsford and grew up in Great Dunmow and Ilford.

Full details about the series are on the Cathedral website and a leaflet is also available. All three lectures are at 8.00pm in the Cathedral nave. Entry is free, and everyone is welcome.

### Contact us at:

Cathedral Office, New Street, Chelmsford CMI 1TY  
01245 294 492 (Emergency out of hours contact: 07518 124858)  
and visit our website: [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)  
Facebook: /chelmsfordcathedral Twitter: @CCathedral  
Safeguarding Officer: Elizabeth Marshall 07717043202



Diocese of  
Chelmsford

## Study Notes on the Sunday Gospel

### Luke 6.20-31

#### Introduction & Context

Jesus speaks to his followers. Luke tells us of four *beatitudes* (vv. 20-22) and corresponding *woes* or warnings of deprivation in the age to come. Some are “blessed” (happy) by being included in the Kingdom Jesus brings. The warnings are prophecies, cautions. The pairs are: the “poor” (v. 20) and the “rich” (v. 24); the “hungry” (v. 21a) and the “full” (v. 25a); the sorrowful (v. 21b) and the joyous (v. 25b); the persecuted (v. 22) and the popular (v. 26). The word translated “consolation” (v. 24) is a financial term: they do not realize what they owe to Jesus. The “hungry” hunger for God’s word; the “full” are satisfied. V. 22, “exclude” means socially ostracized and excluded from the synagogue and Temple. The “Son of Man” includes Jesus and his followers: they will be persecuted, as Israel (“their ancestors”, v. 23) persecuted Jeremiah, Ezekiel and Amos, but “in that day” they will be rewarded. In vv. 27-29, Jesus expands on v. 22; he tells how to deal with persecution. Followers should be willing to give all. When you give, do not expect reciprocity (“again”, v. 30). Emulate God in your actions; seek to match his compassion.

#### Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

## Next Sunday’s Readings - 6/11 : 3 before Advent

### 9.30 am & 11.15 am:

Job 19.23-27a

*Psalms* 17.1-9

2 Thessalonians 2.1-5, 13-end

Luke 20.27-38

### 3.30 pm:

*Psalms* 40

1 Kings 3: 1-15

Romans 8: 31-end

## THE WEEK AHEAD

### Wednesday 2 November

9.30am

Parent and Toddler Group (Chapter House)

12.35pm

Eucharist

1.00–3.00pm

Welcome on Wednesday coffee and cake in the North Transept

6.00-8.30pm

Youth Group Social Evening (YMCA)

7.45pm

All Soul’s Requiem Eucharist

### Thursday 3 November

10.00am

Eucharist

10.45am

Faith and Fitness (North Transept)

8.00pm

Mothers’ Union (Chapter House)

### Friday 4 November

12.30pm

Lunchtime Concert - Stephen King (organist)

8.00 pm

The Band of the Royal Marines with the Cathedral choir

### Saturday 5 November

8.15am

Holy Communion with Laying on of Hands

10.00am

Coffee in the Cathedral

### Wednesday 9 November

#### The first of the Keene Lectures

takes place in the Cathedral. Bishop Graham Tomlin speaks on ‘The Widening Circle’ and entry is free. Two other lectures take place on subsequent Wednesdays. All details are on the Cathedral website.

### Thursday 10 November 2pm

#### Mothers’ Union meeting:

Taking place in Chapter House, there will be a speaker from the Chelmsford Food Bank. Gifts of sugar, biscuits, ready-made custard, sponge puddings, tinned fruit and toiletries can be given to any member of the MU or Eileen French after the 9.30am service.

### Friday 11 November 7.30pm

#### Chelmsford Cathedral Choirs’

#### Association Candlelit Dinner

takes place in the North Transept.

Tickets are £28 and include a three

course meal and entertainment from the choral scholars. Bring your own drinks. Cheques, made payable to CCCA, should be marked for the attention of Stephanie Simpson and returned to the Cathedral Office. To select your menu options, either use the Cathedral website, completing the form in the music events section or pick up a form in the Cathedral.

### Monday 14 November

New Interests Group ‘Walk and Talk’ around Silver End led by Brian Greatrex. The village was conceived and built in 1926 by Francis Crittall for his factory workers. It concludes with lunch at the Square & Compasses Pub at Fuller Street.

### Happy Birthday Brian!

The Cathedral community wishes Brian Greatrex a very happy, very special, birthday this week.

## NOTICES & DATES FOR THE DIARY

**A very warm welcome** to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

**There is no Junior Church** today as it is half term.

**Yellow Envelopes** If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

**The New Interests Group** are planning an audio tour of the Houses of Parliament on Saturday 7 January 2017. If you are interested in joining the group, please contact Ann Freese email: [allfreese@supanet.com](mailto:allfreese@supanet.com)

### **Part time Vacancy at the Cathedral:**

The Cathedral office is looking for a part-time Admin Assistant, working 25 hours a week at £11,050pa. The post will work with staff, volunteers and the congregation to support the development of the Cathedral. The hours are flexible, but will include school holidays. For a full job description, please visit [chelmsfordcathedral.org.uk/jobs](http://chelmsfordcathedral.org.uk/jobs)

### **Wednesday 2 November Feast of All Souls Requiem 7.45pm**

A list of names of all those who have died will be in St Peters' Chapel.

**Over the next few weeks** white poppies will be available in the Cathedral as a reminder to people to pray for peaceful resolutions to conflict. They are available free of charge in St Peter's Chapel.

### **Grand Christmas Draw**

To be held at the Christmas Market on Saturday 3 December. First prize is £350 and tickets are available shortly. Donations of prizes are gratefully accepted. Please contact Jenny, tel: 01245 237408

### **Tour Guide Training**

A number of people have expressed an interest in joining our Tour Guide team to lead groups on visits to the Cathedral. So a second training session has been planned for the afternoon of Tuesday 22 November. If you have already had the training there is no need to attend again! If you are already on the list of people interested in coming you will be sent more details very soon. If you would like to join the team and take part in the November training please contact the Cathedral office on 01245 294492.

### **Monday 7 November 7.45pm**

**Volunteers Steering Group** meets in the Johnson Room. All Group leaders (or a representative from each group) are invited. It would be good if **every group of volunteers in the Cathedral** – whatever their activity - is represented. Alternatively, please advise me of any issues that you would like us to discuss. Andrew Duke (Volunteer Co-ordinator) 01245 697970.

## Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	Luke 6.20-31	<i>Thursday:</i>	Luke 15.1-10
<i>Monday:</i>	Luke 14.12-14	<i>Friday:</i>	Luke 16.1-8
<i>Tuesday:</i>	Luke 14.15-24	<i>Saturday:</i>	Luke 16.9-15
<i>Wednesday:</i>	John 5: 19-25	<i>Sunday:</i>	Luke 20.27-38

You can find a simple 10 minute reflection at: [www.pray-as-you-go.org](http://www.pray-as-you-go.org)

### **Thought for the day**

*In a world where imperfection seems to be everywhere, the humble and honest have a huge head start in spiritual matters, and can first and always find God in their simple lives... Richard Rohr*

### **Please pray for:**

- Peggy and Ernie Andrews, Sue Cockett, John Davies, Judith Dean, Rosemary Duffin, Antoin Irtelli, Julie Liney, Frances Muller, Janet Wallace; all those receiving home communion and all in need of our prayers
- All who seek to shine a light in the world
- Bermuda and the Rt Revd Nicholas Dill, Bishop
- Anglia Ruskin University and the Chaplaincy Team

**Blue envelopes:** Instead of a blue envelope collection next Sunday, we shall be responding to Christian Aid's Emergency Appeal for the people of Haiti following Hurricane Matthew.

## WHAT DOES A DEAN DO?

**“So what does a Dean do?” That is a question I’m often asked as I go around different churches and communities - and here at the Cathedral!**

I normally say that a Dean has three jobs: to lead the Cathedral community; to be the second priest in the Diocese after the Bishop; and to be part of the networks of the city, the county and the diocese.



Leading the Cathedral community means exactly that - chairing the board of Trustees (the Chapter), overseeing the work of the Cathedral day by day, meeting with many overlapping teams and groups. And of course exercising a ministry of teaching and preaching.

Second priest in the Diocese? That’s harder! It is one of the ancient roles of the Dean but hasn’t been a big feature here in the past. However it is a big priority in my job description.

That is why - like most other Deans - I lead worship and preach in many churches across the diocese; lead study days and quiet days; work with PCCs and individual clergy.

And the networks? A huge task, and again with little track record here, but in many ways a really key job for the Cathedral today. Many of our relationships need work, but I’m delighted that we’re building our civic links and our links with ARU. BBC Essex are delighted to have us on board, and it’s great to see our social outreach projects flourishing.

But the heart of daily life is in fact the round of prayer at the Cathedral. Every morning the Dean and Canons - and everyone else is welcome! - meet for Morning Prayer, silence and Eucharist 7.45 - 8.45 every day; and then again at 5.15 pm. This is what underpins everything we do.

### *A week in the life of the Dean....*

What does a typical week look like? I’m tempted to say that there’s no such thing! But I’ll give it a go.

Sunday is normally the most predictable - either the great round of Bible study and Cathedral services, or along the A12 to parishes in East London, Colchester or the Dengie. Sometimes I start Sunday by presenting BBC Essex Sunday breakfast which means a 4.30am start and three hours live on air.

There are some days which have a clear pattern. Monday morning always has a series of meetings - half an hour each of focussed work; on Thursday mornings the clergy team meets together for reflection, prayer and then join with the rest of the staff for coffee.

Tuesdays are the normal days for “big” meetings like the Chapter, Fabric Advisory Committee and Works. These are important parts of the Cathedral’s proper governance and operations.

Also on Thursday evenings I regularly join St Mellitus College in the Cathedral, where I am an associate member of staff.

Beyond that - and the daily prayer - each day is different! Over the last couple of weeks I have led a preaching seminar; given a talk at the Ford plant in Dunton; hosted a meeting of the Bradwell Festival planning committee; gone to breakfast with the Vocations advisers; chaired the Chelmsford Singers AGM; attended Bishop’s Council; been part of a consultation in Ely; worked with ordinands through a Saturday morning at the Cathedral; led a PCC day for a parish in Wanstead; attended Bishop’s Staff Meeting; and preached at a wedding in Newcastle upon Tyne!

And alongside all that, read and written, talked and listened; had coffee with students, ordinands, colleagues; answered 117 emails.

The best bit of all of this? Days can be thrilling, exhausting, inspiring and very hard work all at once! They can begin at 4.30 am and not finish till nearly midnight.

But day by day, week by week, year by year it is the rhythm of the daily prayer that sustains me. The 15 minutes silence every morning is like drinking the freshest water. And actually the best bit of all, just before 8 am is when we stand and sing the morning canticle together in simple harmony.