



# Evening services

## The Season of Lent

*Monday 11 to  
Saturday 16 March 2019*



*A very warm welcome to Chelmsford Cathedral, especially if you are a visitor or here for the first time. Welcome stewards are on duty. If you are a visitor, or have any questions about the life of the church in this place, please make yourself known to them.*

*This leaflet contains the office hymn, psalms, readings and canticles for each day. Please take this booklet away with you and use it in your daily prayers. Music copyright: permission to copy words and music covered by Calamus Licence No. 0635, CCLI Licence No. 193318*

*Organist & Master of the Choristers: James Davy  
Assistant Organist & Director of the Girls' Choir: Laurence Lyndon-Jones  
Graham Rogers Organ Scholar: Thomas Williford*

### **Collect for Ash Wednesday:**

Almighty and everlasting God,  
who hatest nothing that thou hast made  
and dost forgive the sins of all them that are penitent:  
Create and make in us new and contrite hearts,  
that we, worthily lamenting our sins,  
and acknowledging our wretchedness,  
may obtain of thee, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.

### **Collect for the Week:**

O Lord,  
who for our sake didst fast forty days and forty nights;  
Give us grace to use such abstinence, that,  
our flesh being subdued to the Spirit,  
we may ever obey thy godly motions  
in righteousness, and true holiness,  
to thy honour and glory,  
who livest and reignest  
with the Father and the Holy Ghost,  
one God, world without end.



*If you would like to know more about the Christian faith and the life of the Christian community in this place please speak to one of our priests, ring 01245 294492 or visit us at:  
[chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)*

**Monday 11 March**      *Boys' voices*

Responses                      *Plainsong*

Office hymn                      God is our strength from days of old (NEH 444)

EIN' FESTE BURG

Martin Luther 1483 -1546



**God is our strength from days of old,  
the hope of ev'ry nation;  
whose pow'r conceived the universe  
and set the earth's foundation.  
Though hidden from our sight  
in uncreated light,  
his presence yet is known,  
his wondrous purpose shown,  
resplendent in creation!**

**That Word of Life, before all things  
in primal darkness spoken,  
became for us the Word made flesh  
for our redemption broken.  
His glory set aside,  
for us he lived and died,  
obedient to the death,  
renewed in life and breath,  
to endless glory woken!**

**That Breath of God, who brooded first  
upon the new creation,  
who lit with light the Virgin's womb  
to bear the world's salvation;  
that Dove, whose shadow graced  
th' anointed Saviour's face,  
now challenges us all  
to recognise the call  
to hope and liberation.**

**O great Creator, Spirit, Word,  
 the well-spring of creation,  
 our Alpha and our Omega,  
 our hope and our salvation;  
 to Father, Spirit, Son,  
 the Three for ever One,  
 and One for ever Three,  
 mysterious Trinity,  
 be praise and adoration.**

*Words: Michael Forster (b. 1946)*

Psalms	59-61
Readings	Leviticus 19: 1, 2, 11-18; Matthew 25: 31-end
Canticles	<i>Plainsong tone ii</i>
Anthem	An heart that's broken

An heart that's broken and contrite, to God is a sweet, sweet sacrifice: repentant sinners him delight, far more, far more than just men in their sight.

*Words: William Leighton (c. 1565-1622)*

*Music: John Dowland (1563-1623)*

Final responses *Plainsong*

**Tuesday 12 March** *Girls' voices*

Responses	<i>Laurence Lyndon-Jones (b. 1987)</i>
Office hymn	God of mercy, God of grace (NEH 366)

HEATHLANDS

Henry Smart 1813 - 1879



**God of mercy, God of grace,  
 show the brightness of thy face:  
 shine upon us, Saviour, shine,  
 fill thy Church with light divine;  
 and thy saving health extend  
 unto earth's remotest end.**

**Let the people praise thee, Lord;  
be by all that live adored:  
let the nations shout and sing,  
glory to their Saviour King;  
at thy feet their tributes pay,  
and thy holy will obey.**

**Let the people praise thee, Lord;  
earth shall then her fruits afford;  
God to man his blessing give,  
man to God devoted live;  
all below, and all above,  
one in joy, and light, and love.**

*Words: H F Lyte (1793-1847)  
from psalm 67*

Psalms	65-67
Readings	Isaiah 55: 10, 11; Matthew 6: 7-15
Canticles	Evening service in E minor <i>Pelham Humfrey (1647-1674)</i>
Anthem	Et Misericordia eius

Et misericordia eius a progenie in progenies timentibus eum.

*And his mercy is from generation unto generations, to them that fear him.*

*Words: Luke 1: 50*

*Music: Johann Sebastian Bach (1685-1750)*

Final responses *James Davy (b. 1980)*



## Thursday 14 March

Responses

*Thomas Morley (1557-1602)*

Office hymn

Now is the healing time decreed (NEH t. 128ii)

GONFALON ROYAL

Percy Buck 1871-1947

The image shows a musical score for three staves in G major (one sharp). The first staff begins with a treble clef and a key signature of one sharp (F#). The music consists of eighth and quarter notes, with some beamed eighth notes. The second staff continues the melody with a double bar line. The third staff also continues the melody, ending with a double bar line. Below the third staff, there is a fermata over a note, with the letter 'A' and a dash below it, and the word 'men.' to the right.

**Now is the healing time decreed  
for sins of heart, of word or deed,  
when we in humble fear record  
the wrong that we have done the Lord;**

**who, alway merciful and good,  
has borne so long our wayward mood,  
nor cut us off unsparingly  
in our so great iniquity.**

**Therefore with fasting and with prayer,  
our secret sorrow we declare;  
with all good striving seek his face,  
and lowly-hearted plead for grace.**

**Cleanse us, O Lord, from every stain,  
help us the meed of praise to gain,  
till with the angels linked in love  
joyful we tread thy courts above.**

**We pray thee, Holy Trinity,  
one God, unchanging unity,  
that we from this our abstinence  
may reap the fruits of penitence. Amen**

*Words: Latin, t.r T A Lacey (1853-1931)*

Psalms

73 & 74

Readings

Esther 14: 1-5, 12-14; Matthew 7: 7-12

Canticles

Evening service in G minor *Henry Purcell (1659-1695)*

Anthem

Thou knowest, Lord

Thou knowest, Lord, the secrets of our hearts; shut not thy merciful ears unto our prayers; but spare us, Lord. Spare us, Lord most holy. O God most mighty, O holy and most merciful Saviour, Thou most worthy judge eternal, suffer us not at our last hour, for any pains of death, to fall from thee.

Words: from 'Funeral Music for Queen Mary II' (1695)

Music: Henry Purcell (1659-1695)

Final responses

Edward Naylor (1867-1934)

### Friday 15 March

Responses

Thomas Morley

Office hymn

O kind creator bow thine ear (t. 60i)

AUDI BENIGNE

Mode ii



A - men. \_\_\_\_\_

**O kind Creator, bow thine ear  
to mark the cry, to know the tear  
before thy throne of mercy spent  
in this thy holy fast of Lent.**

**Our hearts are open, Lord, to thee:  
thou knowest our infirmity;  
pour out on all who seek thy face  
abundance of thy pardoning grace.**

**Our sins are many, this we know;  
spare us, good Lord, thy mercy show;  
and for the honour of thy name  
our fainting souls to life reclaim.**

**Give us the self-control that springs  
from discipline of outward things,  
that fasting inward secretly  
the soul may purely dwell with thee.**

**We pray thee, Holy Trinity,  
One God, unchanging Unity,  
that we from this our abstinence  
may reap the fruits of penitence. Amen.**

*Words: Audi benigne Conditor,  
attributed to Gregory the Great (545-604)  
translated Thomas Alexander Lacey (1853-1931)*

Psalm	78
Readings	Ezekiel 18: 21-28; Matthew 5: 20-26
Canticles	The short service <i>Thomas Weelkes (1576-1623)</i>
Anthem	In manus tuas

In manus tuas, Domine, commendo spiritum meum. Redemisti me Domine, Deus veritatis.

*Into your hands, O Lord, I commend my spirit. You have redeemed me, O Lord, O God of truth.*

*Words: John 6: 30*

*Music: Thomas Tallis (1505-1585)*

Final responses *Edward Naylor*

### **Saturday 16 March**

Psalms	82-85
Readings	Deuteronomy 26: 16-end; Matthew 5: 43-end
Antiphon & Cantic	See page 6





**REGULAR SERVICES AT  
CHELMSFORD CATHEDRAL**

**SUNDAYS**

**8.00am Holy Communion**

*A simple said celebration lasting about 35 minutes*

**8.30am Breakfast with the Bible**

*A half-hour Bible study in the Chapter House*

**9.30am Parish Eucharist**

*A lively celebration for people of all ages lasting about an hour,  
with Junior Church and Crèche (during term time)*

**11.15am Choral Eucharist or Matins**

*Sung by the Cathedral Choir lasting about an hour*

**3.30pm Evensong**

*Sung by the Cathedral Choir lasting about 45 minutes*

**WEEKDAYS AND SATURDAYS**

**7.45am Morning Prayer**

*A very simple time of prayer with psalms and readings,  
lasting about 15 minutes and followed by 15 minutes of silence*

**8.15am Holy Communion**

*A simple celebration lasting about 25 minutes*

**12.00pm Midday Prayers**

*An invitation to enjoy the stillness of the Cathedral*

**5.15pm Evensong**

**(Term time – except Wednesdays and most Saturdays  
when Evening Prayer is said)**

*A meditative service with beautiful music lasting about 40 minutes*

**Holy Communion is celebrated at 12.35pm  
on Wednesday and at 10am on Thursday**



CHELMSFORD  
CATHEDRAL

*visit us online at  
[chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)*