

## THIS WEEK

### Sunday 3 February - Candlemas

- 8.00am** **HOLY COMMUNION**, page no 205  
*President: The Very Revd Nicholas Henshall*
- 8.30am** Breakfast with the Bible, led by *Tim Leeson*
- 9.30am** **ALL AGE PARISH EUCHARIST** and First Communion  
*President: The Very Revd Nicholas Henshall*  
*Preacher: Canon Ivor Moody*
- 11.15am** **CHORAL EUCHARIST** - incense is used  
*President: Canon Ivor Moody*  
*Preacher: Revd Kate Moore*
- 3.30pm** **EVENING PRAYER** with hymns  
*Preacher: The Very Revd Nicholas Henshall*
- 6.00pm** **EPIPHANY / CANDLEMAS PROCESSION**

## NEXT WEEK

### Sunday 10 February - Fourth Sunday before Lent

- 8.00am** **HOLY COMMUNION**, page no 74  
*President: Revd Kate Moore*
- 8.30am** Breakfast with the Bible, led by *Canon Alison Kennedy*
- 9.30am** **PARISH EUCHARIST**  
*President & Preacher: Canon Alison Kennedy*
- 11.15am** **MATTINS**  
*Preacher: Canon Alison Kennedy*
- 3.30pm** **EVENSONG**  
*Preacher: The Very Revd Nicholas Henshall*

### Daily Prayer through the Week (Mon to Sat):

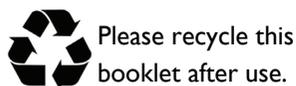
**Morning Prayer:** 7.45 am

**Holy Communion:** 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

**Midday Prayer** in St Cedd's Chapel

**Evensong/Evening Prayer:** 5.15 pm (sung on Mon, Tues, Thurs & Fri,  
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir  
– please check the Music & Services list for dates



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# CATHEDRAL LIFE WEEKLY

Candlemas, 3 February 2019

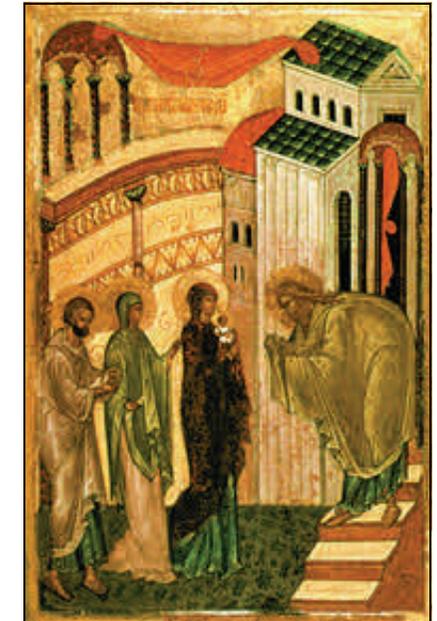


## Candlemas

**FORTY DAYS** after she had given birth to Him, Candlemas (or the Feast of the Presentation) marks the day when Mary went with Joseph to present Jesus in the temple.

Met by the prophetess Anna and Simeon, Jesus' future was foretold in the beautiful words of Simeon's Nunc Dimittis (Lord, now let your servant depart in peace) which we sing at Evensong every day. It was a turning-point.

Historically, to celebrate the "light of the Gentiles" churches blessed their lights – candles – on this day. It is a turning-point in other ways. Mid-equinox, the days suddenly begin to lengthen: evening prayer will soon begin in the light! And we, like Mary, turn ourselves from



the crib to the cross, as we prepare ourselves through Lent to celebrate the resurrection on Easter day. I'm reminded of the prayer attributed to Confucius: "When I light a candle at midnight, I say to the darkness 'I beg to differ'".

### Contact us at:

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01245 294492

and visit our website: [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)  
Facebook: /chelmsfordcathedral Twitter: @CCathedral  
Safeguarding Officer: Elizabeth Marshall 07717 043202



Diocese of  
Chelmsford

## Study Notes on the Sunday Gospel

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### Readings for Candlemas

*(the Presentation of Christ in the Temple)*

Malachi 3.1-5  
Psalm 24.7-10  
Luke 2.22-40

Today we celebrate Candlemas, a day which invites us to turn from the season of Christmas / Epiphany. It is a feast that speaks of light in the darkness and hope in our darkest night.

- The **First Reading** is full of both hope and warning - God's messenger comes into our world, into our lives to set things right. But we need to be ready, our hearts open to love.
- The **Psalm** is full of hope and expectation. We are waiting in hope for the King of Glory - how do we see the signs of his coming in our lives and in our world?
- In today's **Gospel** Jesus' parents make the offering of the poor for their new born son but immediately encounter Simeon who tells them that their child is the light for all the nations of the earth.
- Go out and share the Good News.

Today place yourself in God's hands. Thank God for his love and for everything that God is doing in your life - and open yourself to how he is calling you in the next stage of the journey.

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## Next Sunday's Readings - 10/2/19 : 4th before Lent

### 9.30 am & 11.15 am:

I Corinthians 15.1-11  
Psalm 138  
Luke 5.1-11

### 3.30 pm:

Psalms 1, 2  
Isaiah 58.1-9a  
I Corinthians 2.1-12

## THE WEEK AHEAD

### Monday 4 February

5.30 - 7.00pm Youth Group (8pm yr 9+) (YMCA)

### Tuesday 5 February

9.50am New Interests Group Visit (Mayor's Parlour)

### Wednesday 6 February

9.30am Parent and Toddler Group (Chapter House)

12.35pm Eucharist

1.00 - 3.00pm Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm Friendship Club (Chapter House)

### Thursday 7 February

10.00am Eucharist

8.00pm Mothers' Union (Chapter House)

### Friday 8 February

12.30pm Lunchtime Concert - Forest School Chamber Orchestra

### Saturday 9 February

5.15pm Evensong with visiting choir

Carers First delivers the Essex Carers Service on behalf of the County Council providing carers and families with both emotional and practical support, advice, information and guidance. It also helps carers to access training, social groups, activities, trips and other opportunities. There will be an opportunity to ask questions after the talk and refreshments are provided. All welcome.

### Sunday 24 February 12.45pm

#### Meeting Point Lunch

If you would like to join others for lunch, please contact Maureen for details and to book tel: 01245 697781.

### Friday 1 March

#### The World Day of Prayer

This year the services will be held at St John's Danbury at 10am and St Martin's, Little Waltham at 2pm. There is no central Chelmsford service this year.

### Friday 22 March 7 for 7.30pm

**Flower Guild Quiz Evening:** in St Cedd's Hall. Tickets £6 each, tables of up to eight people. Please bring your own food and drink. Tickets available in advance from Isabel Fyfe on 01245 258505 or email: [isabelfyfe41@gmail.com](mailto:isabelfyfe41@gmail.com)

## NOTICES & DATES FOR THE DIARY

**A very warm welcome** to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

**There is no Junior Church** today, as the 9.30am is an all-age service.

**Yellow Envelopes** If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

### CONFIRMATION

We will be presenting candidates for Confirmation (and Baptism and Confirmation) on Easter Eve with Bishop Stephen here at the Cathedral. Any adults who wish to prepare for Confirmation (or Baptism and Confirmation) please contact the Dean email: dean@chelmsfordcathedral.org.uk or tel: 01245 294492 as he will be leading the preparation this year.

**Students from Writtle University College** have created the floral arrangements in the Cathedral this week.

**Eileen French** has photographs showing the delivery of the shoeboxes from our Christmas appeal. They are available to see after the 9.30 service.

**The team** who count and bank collections would be glad of two or three more members to join them. This would reduce the frequency to about once a month. Please speak to Elizabeth Marshall or Dan Glading if you can help.

**The Cathedral Art Group** meets every Thursday in the Learning Centre, between 1.30 and 3.30pm. It is not an art class as such: but we meet together to draw or paint and share ideas. So if you can already paint, or would like to learn new skills, do come along. It costs just £1 a week which goes towards tea, biscuits and room expenses. For more information please contact Tony on 01245 265052 or harrington303@outlook.com

### Thursday 7 February 8pm

**The Mothers' Union** will be holding their AGM in the Chapter House. This will be preceded by Holy Communion with Revd Dan Pierce.

### Thursday 14 February 2pm

**The Mothers' Union** meet in Chapter House for a talk by Penny Cowell on Age Concern.

### Wednesday 20 February 8pm Theological Society Lecture

Andy Drake (CEO) of YMCA Essex and a Baptist Minister speaks on 'What kind of God, and So What?' Held in Chapter House, £3.50 is payable on the door. All welcome.

### Saturday 23 February 9.30 for 10am

A talk about the work of Carers First Essex is being held in St Cedd's Hall.

## Daily Gospel Readings for this week, to use in your daily prayer:

*Sunday:* Luke 2.22-40

*Monday:* Mark 5.1-20

*Tuesday:* Mark 5.21-end

*Wednesday:* Mark 6.1-6

*Thursday:* Mark 6.7-13

*Friday:* Mark 6.14-29

*Saturday:* Mark 6.30-34

*Sunday:* Luke 5.1-11

You can find a simple 10 minute reflection at: [pray-as-you-go.org](http://pray-as-you-go.org)

### Thought for the day

Words that do not give the light of Christ increase the darkness.

- Mother Teresa

### Please pray for:

- Mary Bradford, David Brider, Rosemary Duffin, Mark Harris, Rita James, Julie Liney, Bartholomew Mullane, John Nightingale, Ray Cooper's mother, Winnie Towers; all those receiving home communion and all in need of our prayers
- The Religious Society of Friends (Quakers)
- Those who are preparing for marriage, those who are already married and those finding marriage difficult in this National Marriage week. Be with them in their joy and sadness, their hope and expectation and help all to remember that you hold them in love
- The Anglican Church of Burundi & the Most Revd Martin Blaise Nyaboho

### LENT 2019

Lent 2019 here at Chelmsford Cathedral features two special opportunities. On Wednesdays 11 - 12.30 the Dean leads a simple five week course on the Eucharist. And on Wednesday evenings 7.30 - 9pm a range of speakers including Bishop Stephen and Brother Sam SSF speak on 'Faith and Pilgrimage'. Everybody is welcome. Details on the website and on the flier in the Cathedral.

## Fifty Years of Christingle Services



**THIS YEAR** the Children's Society are celebrating 50 years since the first Church of England Christingle service took place in this country.

At 1.15pm on Tuesday 22 January, 230 children from Bishops' Primary School, Birch Primary School and Cathedral School attended the Cathedral to celebrate a Christingle Service.

The Dean and Bishop Stephen welcomed the children and all the adults to the Cathedral, James Davy, Organist and Master of the Choristers, inspired the children to sing superbly.

It was joyous and happy service, some children read prayers, Emily Timmins from The Children's Society spoke about the children and young people that are helped. Every child and adult created their own Christingle orange and when the lights were turned down and the candles lit we all created a circle in the Cathedral holding our Christingle oranges, the Bishop said a prayer.

A big thank you to the group of seven people from the Cathedral School Visits team who cleaned 300 oranges, put the red ribbon on the oranges and filled 300 cups with a candle, a piece of foil, four cocktail sticks and sweets so everyone could make a Christingle orange.

## Volunteering - be part of our team

**OUR CATHEDRAL** proudly offers a warm welcome to everyone who walks through our doors. Whether visitors come to worship with us, enjoy the beauty of our special building or take part in the events we host for our local community, our team of volunteers play a vital part in helping to make sure we can welcome everyone.

From greeting visitors and serving tea and cake to creating beautiful floral displays, our dedicated volunteers are essential to the day-to-day life of the Cathedral. Volunteering is a great way to meet new people, learn new things and have some fun while supporting the work of the Cathedral.

If you would like to help us welcome people to our Cathedral, please do consider becoming a volunteer. There are lots of ways you can be involved and together we can find a role that you'll enjoy and suits how much time you have to give.



Andrew Duke

You can find out more on our website or speak to Andrew Duke, our Volunteer Coordinator, who will be happy to talk you through our current volunteering opportunities.