

THIS WEEK

Sunday 3 June - The First Sunday after Trinity

- 8.00am HOLY COMMUNION**, page no 156
President: Canon Edward Carter
- 8.30am** Breakfast with the Bible, led by Heike Prentice
- 9.30am PARISH EUCHARIST**
President: the Very Revd Nicholas Henshall
Preacher: Heike Prentice
- 11.15am CHORAL EUCHARIST**
President: Canon Edward Carter
Preacher: Heike Prentice
- 3.30pm EVENING PRAYER with hymns**
Address: the Very Revd Nicholas Henshall

Today Canon Edward Carter is preaching at the annual Choral Evensong for the Order of St John Ambulance in Essex, at St John's Little Maplestead

NEXT WEEK

Sunday 10 June - The Second Sunday after Trinity

- 8.00 am HOLY COMMUNION**, page no 158
President: the Very Revd Nicholas Henshall
- 8.30am** Breakfast with the Bible led by Tim Leeson
- 9.30 am PARISH EUCHARIST**
President: the Revd Kate Moore
Preacher: the Very Revd Nicholas Henshall
- 11.15 am CHORAL MATTINS**
Officiant: Canon Ivor Moody
Preacher: the Very Revd Nicholas Henshall
- 3.30 pm EVENSONG**
Address: Canon Ivor Moody

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir
– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

First Sunday after Trinity, 3 June 2018



Farewell to Heike



HEIKE PRENTICE was the first ever student at St Mellitus College, London to choose to do their three year student placement at a cathedral - and that was right here, at Chelmsford Cathedral. It has been an extraordinary three years!

This morning, as we say goodbye to Heike and as she prepares for her ordination at St Paul's and the beginning of her curacy at St Peter's, Hammersmith, we celebrate her ministry here.

Heike has given us many gifts and been a great part of the ministry team. The extraordinary project, *English for Women*, is just the most visible legacy of a great three years. It has been wonderful to see her skills in leading worship and preaching continue to grow and flourish, and the way in which her theological study has been tested and applied in the experience of ministry.

A huge thank you to Heike and our prayers for her and Alistair on the next stage of the journey.

Contact us at:

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Mark 2.23 – 3.6

Introduction & Context

Jesus challenges the law saying what may be done on the Sabbath. Pharisees attack Jesus through his disciples for both exceeding the distance a Jew might walk on the Sabbath, and for doing work on this day (plucking heads of grain counts as work - Exodus 34:21).

In v. 25, Jesus answers a question with a question: surely you recall that David broke the Law by eating bread from the altar, and by permitting his “companions: to do likewise? (v. 25-26). Then v. 27: human needs are more important than observing the sabbath, so “the Son of Man” (v. 28, in Mark: Jesus) has sovereign power (“lord”) even over the sabbath law, a basic Jewish principle.

3:1-6 show that Jesus is powerful in deed and word. The man’s illness is not life-threatening, so healing him on the sabbath would contravene Jewish practice. “They” (v. 2) would agree that on this day an action in accord with the Law is good, but for them, this is not the question. Jesus is angry (the only time in the gospels) because they are fixed in their thinking. In v. 6, the Pharisees conspire with the “Herodians”, to “destroy him”: a strange partnership with only one aim in common.

Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections
- Read the passage for a final time and give thanks to God for the gift of his holy word.

Next Sunday’s Readings - 10th June :Trinity 2

9.30 am & 11.15 am:

Deuteronomy 5.12-15

Psalms 81.1-10

Mark 2.23 – 3.6

3.30 pm:

Psalms 1, 15

Isaiah 42.5-12

Acts 14.8-28

THE WEEK AHEAD

Monday 4 June

5.30 - 7.00pm

7.00 - 8.30pm

Youth Group Yr 6 - 8 Quiz Night (YMCA)

Youth Group Yr 9+ Quiz Night (YMCA)

Wednesday 6 June

9.30am

12.35pm

1.00 - 3.00pm

Parent and Toddler Group (Chapter House)

Eucharist

Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm

Friendship Club (Chapter House)

Thursday 7 June

10.00am

7.00pm

Eucharist

Mothers’ Union visit to The Church of the Ascension

Friday 8 June

12.30pm

Lunchtime Concert - Christopher Herrick (organ)

Saturday 9 June

9.00am

7.30pm

Sidespersons Meeting (Chapter House)

Welsh Society Concert

coming tel: 01245 697970.

Thursday 14 June 2pm

Mothers’ Union Garden Party in Guy Harlings Garden. Refreshments and games on the grass.

Thursday 21 June 10.45am

The next Cathedral Prayer Group meeting will be held in the Jacob Room, Chapter House. All welcome to join members of the Cathedral community as they pray for the Cathedral, Diocese and the needs of the world.

Saturday 23 June 7.30pm

20th Century Choral Classics concert sung by the Choirs of Chelmsford Cathedral. Including music by Essex composers Martin Shaw, Ralph Vaughan Williams and Hubert Parry. Tickets £10 from ticketsource.co.uk (no booking fee) or the Cathedral Book Stall.

Sunday 24 June 11.15am

The 11.15am service will be a thanksgiving for the new mayor, Cllr Yvonne Spence. As well as being on the social committee, Yvonne regularly attends the 9.30am service. She warmly welcomes all congregations to this special service at 11.15am and to the refreshments that follow.

Sunday 24 June 12.45pm

Meeting Point Lunch: Join others for Sunday lunch at the Fox and Goose. For more details and to book a place, please contact Maureen tel: 01245 697781.

Sunday 1 July 11.30am - 2pm

Patronal Festival picnic after the 9.30am all-age service. All welcome to join the fun and traditional fete games in Guy Harlings Garden. Just bring a picnic, a blanket and the sunshine!

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

There is no Junior Church today as it is half term.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

Alison Kennedy

Alison has just been appointed as Canon for Worship and Music here at Chelmsford Cathedral and Tutor at St Mellitus College. This is great news and we look forward to welcoming her. Please see the website for further information.

John Moses

The former provost of Chelmsford Cathedral has just written a new book - *The Art of Thomas Merton*. You can buy it through Amazon and Redemptorist Press.

Services in August

For Sundays in August this year there will be one Sunday morning service at 10am replacing the 9.30am and 11.15am. The 8am and 3.30pm services will continue as usual.

A reference copy of the Annual Report and Accounts for 2017 is

available on the Welcome Desk. Please contact the Treasurer if you wish to receive an emailed copy.

Tour Guide Training

We're delighted to be holding another **Tour Guide Training session** in June. If you have a passion for the Cathedral and its welcome to visitors, and have a day or two a month available to show groups around the building, please do attend the training. The session will be led by the Dean and Jill Preston from the National Trust. If you'd like to take part, please contact Ralph Williams in the Cathedral Office on ralph.williams@chelmsfordcathedral.org.uk

Welcome on Wednesday Café for everyone

Would you like to join a friendly and enthusiastic team of people who help with this very worthwhile activity? Held in the Cathedral every Wednesday from 1.00pm -3.00pm, we are there to welcome everybody who likes to attend. The team needs more helpers to assist with serving teas, coffees and cakes. If you like talking to, and listening to people, you would be just the person to join us. To discover more, please ring Pippa Alston - 01245 262361 or Sue Cross - 01245 631248.

Thursday 14 June 10.15am

The Cathedral Walking Group's next walk is around Woodham Walter. Meet at the 'The Cats' pub CM19 6LS. Either join the group to walk or for a ploughman's lunch at the small country pub. Andrew Duke is leading the walk so please contact him for more details or to indicate you are

Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	Mark 2.23 – 3.6	<i>Thursday:</i>	Mark 12.28-34
<i>Monday:</i>	Mark 12.1-12	<i>Friday:</i>	Matthew 24.42-46
<i>Tuesday:</i>	Luke 10.1-11	<i>Saturday:</i>	Luke 12.32-37
<i>Wednesday:</i>	Mark 12.18-27	<i>Sunday:</i>	Mark 3.20-35

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

If you keep the Sabbath, you start to see creation not as somewhere to get away from your ordinary life, but a place to frame an attentiveness to your life. - Eugene H. Peterson

Please pray for:

- Ernie Andrews, Mary Bradford, David Brider, Rosemary Duffin, Lydia Gladwin, Etholle Holmes, Julie Liney, Bartholomew Mullane; all those receiving home communion and all in need of our prayers
- Little Waltham United Reform Church, Writtle URC and North Avenue URC, Melbourne
- Our planet and the living diversity of creation, the health of the ecosystems and all who do their part to stop further decline in the health of our planet
- The Anglican Church of Melanesia & The Most Revd George Takeli, Archbishop of the Anglican Church of Melanesia & Bishop of Central Melanesia

CATHEDRAL LIFE

Café Jazz



Café style setting in the Cathedral

NEARLY 150 people enjoyed an evening of jazz, close harmony & choral music in a café style setting in the Cathedral. The programme included favourites such as 'In the Mood' and 'My way' as well as less well-known arrangements of 'Lord of the Dance' and 'Gabriel's Oboe' arranged for soprano saxophone.

This was the third collaboration between The David Pickthall Big Band and the Cathedral Choir and was enjoyed by all. A fourth collaboration is already being planned for next year.



The David Pickthall Big Band and Chelmsford Cathedral Choir

