

## THIS WEEK

### Sunday 4 February 2018 - The Second Sunday before Lent

8.00am **HOLY COMMUNION**, page no 80

*President: the Very Revd Nicholas Henshall*

8.30am Breakfast with the Bible, led by Revd Kate Moore

9.30am **PARISH EUCHARIST**

*President: Canon Ivor Moody*

*Preacher: the Very Revd Nicholas Henshall*

11.15am **CHORAL EUCHARIST**

*President: the Very Revd Nicholas Henshall*

*Preacher: the Very Revd Nicholas Henshall*

3.30pm **EVENSONG & Installation of Honorary Canons**

*Address: the Rt Revd Stephen Cottrell, Bishop of Chelmsford*

*This morning Canon Edward Carter is leading the worship at Walton on the Naze*

## NEXT WEEK

### Sunday 11 February 2018 - The Sunday next before Lent

8.00 am **HOLY COMMUNION**, page no 82

*President: the Revd Kate Moore*

8.30am **Breakfast with the Bible** led by Stephanie Brasier

9.30 am **PARISH EUCHARIST**

*President: the Revd Kate Moore*

*Preacher: Canon Edward Carter*

11.15 am **CHORAL MATTINS**

*Preacher: the Revd Kate Moore*

3.30 pm **EVENSONG**

*Address: Canon Ivor Moody*

### Daily Prayer through the Week (Mon to Sat):

**Morning Prayer:** 7.45 am

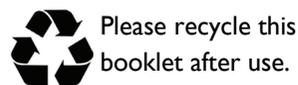
**Holy Communion:** 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

**Midday Prayer** in St Cedd's Chapel

**Evensong/Evening Prayer:** 5.15 pm (sung on Mon, Tues, Thurs & Fri,  
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



Printed by Diocesan Print Unit  
printunit@chelmsford.anglican.org  
chelmsford.anglican.org/printunit

# CATHEDRAL LIFE WEEKLY

2nd Sunday Before Lent, 4 February 2018



## National Marriage Week

**NATIONAL MARRIAGE WEEK** runs from 7th-14th February - ending on St. Valentine's Day!

Here at Chelmsford Cathedral we are marking the week by inviting couples from across congregations to a relaxed 'bring and share' evening of food and conversation on Saturday 10th February, 6.30pm for 7pm in the Cathedral. You will even get the opportunity during the evening to experience some of the exercises we use in wedding preparation here. Come along and see how well you know your other half! But the emphasis is definitely on spending time together over food, wine, fellowship and fun.

If you would like to know more, please contact Canon Ivor Moody,



and do for catering purposes please let Marion Palmer know in the Cathedral Office (01245 294492 or email [marion.palmer@chelmsfordcathedral.org.uk](mailto:marion.palmer@chelmsfordcathedral.org.uk)).

### Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY  
01245 294492 (Emergency out of hours contact: 07518 124858)  
and visit our website: [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)  
Facebook: /chelmsfordcathedral Twitter: @CCathedral  
Safeguarding Officer: Elizabeth Marshall 07717 043202



Diocese of  
Chelmsford

## Study Notes on the Sunday Gospel

### John 1.1-14

#### Introduction & Context

John begins from God's creative act: "In the beginning, when God created the heavens and the earth ..." (Genesis 1:1), the Word who became a human (v. 14a) already existed. He was "with God" (v. 1); he was God. He was the agent through whom "all things came into being" (v. 3). Through him, life began: life given by God, "the light of all people" (v. 4). It shines in a world of unbelief and opposition to God's ways, and wins out (v. 5). John the Baptist came to "testify" (v. 7) to point to Jesus (v. 8), who was to come (v. 9). Jesus was rejected by most people (v. 11), but to those who believed in him, in who he was, he gave the opportunity to be adopted by God, as his children (v. 12) – and so to become one with him. Believers are *reborn* into God's family through the Holy Spirit ("of God", v. 13). The Word, Christ, became human ("flesh", v. 14) and "lived among us". The author is witness to God's manifest power ("glory") as seen in Jesus, that he is the only, unique, highly valued, son of the Father, that he possesses God's attributes of free giving to humankind ("grace") and ultimate truth.

#### Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

## Next Sunday's Readings - 11/2/18 : Sunday before Lent

### 9.30 am & 11.15 am:

Proverbs 8.1,22-31

Psalm 104.26-37

John 1.1-14

### 3.30 pm:

Pss 2, 99

Exodus 34.29-35

2 Corinthians 3.12 – 4.2

## THE WEEK AHEAD

### Monday 5 February

5.30 - 8.30pm Youth Group Yr 6-8/Yr 9+ -Mental Health (YMCA)

### Wednesday 7 February

9.30am Parent and Toddler Group (Chapter House)

12.35pm Eucharist

1.00 - 3.00pm Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm Friendship Club (Chapter House)

8.00pm Theological Society Meeting (Chapter House)

### Thursday 8 February

10.00am Eucharist

2.00pm Mothers' Union AGM

### Friday 9 February

12.30pm Lunchtime Concert - Forest School Chamber Orchestra

### Saturday 10 February

6.30 for 7pm Bring and Share Supper for Marriage Week

### Friday 2 March 10.30am

**Women's World Day of Prayer** for 2018 is taking place at Moulsham Lodge Methodist Church, Moulsham Lodge, Lime Walk, CM2 9NJ. There is a car park at rear of building and it is on the 45 Bus route. All welcome.

### Tuesday 3 April to Thursday 5 April

As part of a Diocesan scheme, Encounter Young Leaders, I am going to be running an **Easter Holiday Club** from 3<sup>rd</sup> to 5<sup>th</sup> April at the Cathedral for children aged between 6 and 11, and I am looking for volunteers

to help out with craft activities and/or be part of the worship team. Each day will run from 9.30 until 12.30; even if you are only available for one or two of the days, please still get in touch, as any help is greatly appreciated. For more information please email [rminta@virginmedia.com](mailto:rminta@virginmedia.com).

### Saturday 21 April 9 for 9.30am

**The Cathedral AGM** is taking place. More details to follow but do please consider if you would like to stand for one of the elected positions such as Church Warden. If you are unsure, why not ask someone who is already doing the role what is involved.

## NOTICES & DATES FOR THE DIARY

**A very warm welcome** to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

**Junior Church** meets today, starting at 9.30am in Chapter House. This week's theme is 'In the beginning was the Word'.

**Yellow Envelopes** If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

**The flower arrangement** at the west end of the Nave is sponsored by Joyce Britton, Nicholas and David, in memory of a dear husband and father Douglas Britton.

The flowers in the Cathedral this week have been arranged by students from Writtle College.

**The Electoral Roll** will be revised this year between 26 February and 26th March 2018. If you are over 16 and not on the

Roll, please complete an application (available near the south door) and leave it with the Vergers. **Existing members do not need to re-apply.** Any queries please contact Jackie Dryhurst on 01376 348573.

**Thursday 15 February 10.45am**

**The next Cathedral Prayer Group** session takes place in the Chapter House. All welcome to come and join others to pray for the Cathedral, parish, wider community, the Diocese and the needs of the world.

**Thursday 15 February Cathedral Walking Group** trip to London, a walk through the city and a guided tour of St Stephen's Church, Walbrook.

**Sunday 18 February 12.45pm Meeting Point lunch** at Pontlands Park. To book a place, please contact Penny tel: 07872 942625.

**Thursday 1 March 8pm The next Mothers' Union** meeting takes place in Chapter House. It is on Marriage Preparation and is being led by Carol Gumbleton. Please bring a wedding photo.

## Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	John 1.1-14	<i>Thursday:</i>	Mark 7.24-30
<i>Monday:</i>	Mark 6.53-end	<i>Friday:</i>	Mark 7.31-end
<i>Tuesday:</i>	Mark 7.1-13	<i>Saturday:</i>	Mark 8.1-10
<i>Wednesday:</i>	Mark 7.14-23	<i>Sunday:</i>	Mark 9.2-9

You can find a simple 10 minute reflection at: [pray-as-you-go.org](http://pray-as-you-go.org)

## Thought for the day

Storms make the oak grow deeper roots.  
- George Herbert

### Please pray for:

- David Brider, Rosemary Duffin, Julie Liney, Bartholomew Mullane; all those receiving home communion and all in need of our prayers
- The Religious Society of Friends (Quakers)
- Those preparing for marriage, those who are already married and those finding marriage difficult. Be with them all in their joy and sadness, their hope and expectation
- The Anglican Church of Burundi, the Most Revd Martin Nyaboho, Archbishop

## ASH WEDNESDAY

14 February

Ash Wednesday marks the first day of Lent - a special day of prayer and preparation as we begin this great season in the run up to Easter. The Eucharist will be celebrated at 8.15 am, 12.35 pm and 7.45 pm - and at each of these celebrations there will be an opportunity to receive the sign of the cross in ash. Everyone is encouraged to keep this day special.

## School Visits



*The Cathedral, chairs cleared away, in preparation for a School Visit*

**BETWEEN September and December 2017, the School Visits Team welcomed 1,023 children aged from five to eleven years old to the Cathedral. Some of the children who visited came from Church schools and some from Local Authority schools.**

We welcomed children from Chelmsford who were able to walk to the Cathedral, children from Colchester, Clacton and Basildon

who came by coach and children from Bradwell and Southminster who were driven in cars by parents.

When the children arrive in the Cathedral they are always excited and full questions, the awe and wonder of the Cathedral captivates them as soon as they walk through the door.

School visits are on Mondays or Tuesdays, children come for a day from 10am to 2.30pm or for a

morning from 10am to 12.15pm or for an afternoon from 12.30pm to 2.45pm. Some school groups have 20 children, some 90 children and on theme days where several schools attend there are 250+ children.

There are different types of workshops, where children experience Christian rites, rituals and services in the Cathedral as a Church, where they gain an understanding of the meaning of Christmas and Easter and themed

The guides are a team of people who enjoy working with children and enabling them to learn about the Cathedral. They give their time freely when working with the children but are also involved in the discussions about the workshop content.

We would like more people to join our team, the main qualifications are a love of working with children, a willingness to learn and to be able to work as part of the team. If you are interested or would like to know more please contact me at [m.emuss\\_ccathedral@hotmail.com](mailto:m.emuss_ccathedral@hotmail.com)



*Just two of the activities the School Visits Team lead the children through on their visit to the Cathedral*

days when many schools work together for the day based around themes such as “The Big Story” and “We are Family”. We have plans to include workshops based around Transition for Year 6 to secondary school, Prayer Spaces and exploring the magnificent artwork in the Cathedral.

