

THIS WEEK

Sunday 8 September– Birth of the Blessed Virgin Mary

8.00am **HOLY COMMUNION**, page no 210

President: Canon Alison Kennedy

8.30am Breakfast with the Bible, led by Tim Leeson

9.30am **PARISH EUCHARIST**

President: Nicholas Henshall, Dean of Chelmsford

Preacher: The Bishop of Embu

11.15am **CHORAL EUCHARIST - incense is used**

President: Revd Kate Moore

Preacher: Canon Imogen Nay

3.30pm **EVENSONG**

President & Preacher: Canon Ivor Moody

NEXT WEEK

Sunday 15 September - Thirteenth Sunday after Trinity

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President: Canon Alison Kennedy

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3.30pm **EVENSONG**

President & Preacher: Revd Kate Moore

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

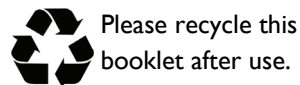
Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



Printed by Diocesan Print Unit
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CATHEDRAL LIFE WEEKLY

Birth of the Blessed Virgin Mary, 8 September 2019



Heritage Open Day

CHELMSFORD CATHEDRAL already has a series of Friday tours running however, next Sunday 15 September, the Cathedral will run two special tours to coincide with the heritage weekend events taking place across the city.

At 1.30pm the first tour, lasting about an hour, will give visitors a chance to hear more about the architecture, artwork and history of the building and the tour will finish with refreshments kindly organised by the Helping Hands group.

After the 3.30pm service of evensong, another tour at 4.30pm, will include a demonstration on the organs by Organist and Master of the Choristers James Davy. Again



the tour will conclude with refreshments. To see details of the full range of events and talks taking place go to heritageopendays.org.uk

All are warmly invited to come along and it is an ideal opportunity to invite friends and neighbours to discover something new about their Cathedral.

Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY
01245 294492

and visit our website: chelmsfordcathedral.org.uk
Facebook: /chelmsfordcathedral Twitter: @CCathedral
Safeguarding Officer: Elizabeth Marshall 07762 549288



Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Readings for the Birthday of Mary:

Micah 5.2-4
Psalm 45.10-17
Romans 8.28-30
Matthew 1.18-23

“All things work together for good for those who love God”

Today we celebrate the birthday of Mary, the mother of Jesus, one of our three “patron” saints. And the reason that the Cathedral has no “Lady Chapel” is because the whole church is dedicated to Mary, so no extra chapel is needed.

Mary is often romanticised and even made to seem less than human. But at heart the Gospel account of Mary is very simple: she is a young teenager, engaged to Joseph but already pregnant because of her extraordinary “yes” to God, and who has the courage to watch her son die when all his friends have fled.

What we celebrate in Mary is her humanity, that she is just like us, and that she invites us to be like her in saying the same “yes” to God even though we—like her—cannot imagine where this might lead.

This week, prayer for the grace to say yes to God.

Next Sunday’s Readings - 15/9/19 :Trinity 13

9.30 am & 11.15 am:

1 Timothy 1.12-17
Psalm 51.1-10
Luke 15.1-10

3.30 pm:

Psalms 124, 125
Genesis 50.15-21
Romans 14.1-12

THE WEEK AHEAD

Monday 9 September

5.30 - 7pm Youth Group (8pm yr 9+) (YMCA)

Wednesday 11 September

9.30am Parent and Toddler Group (Chapter House)
10am - 3pm City Prayer (St Peter’s Chapel)
12.35pm Eucharist
1.00 - 3pm Welcome on Wednesday: coffee and cake in the North Transept
1- 4pm Friendship Club (Chapter House)

Thursday 12 September

10am Eucharist

Friday 13 September

12.30pm Lunchtime Concert - Hilary Punnett (organ)
1.45pm Free tour Friday

Saturday 14 September

10am, 1.30 & 5pm Ordination Services

Wednesday 18 September 8.00pm

Theological Society Meeting:
Out Of Control; #metoo #churchtoo #ustoo a talk by Natalie Collins. Natalie is a gender justice specialist, and founder of Spark, which seeks to prevent and respond to violence against women. Cost: £3.50 (payable on the day). The meeting takes place in Chapter House.

**Saturday 28 September
Cathedral Harvest Supper** in St Cedd’s Hall from 6.30pm to 9.00pm. Two course traditional harvest supper, wine & soft drinks plus entertainment. Tickets (£5 for adults, £2.50 for young people under 16) available

from Yvonne Spence: email: yvonespence@hotmail.com or tel: 465108 and other members of the social committee.

Thursday 3 October 8pm Mothers’ Union Meeting:

A talk by Vickie Holmes speaking on her book "In Bed with the Victorians".

Thursday 17 October 2pm Mothers’ Union Meeting:

The speaker is Molly Hoyle and her topic is ‘In Mary Sumner’s footsteps’. She will also have the MU E-merchandises with her. Please note this is a week later than usual. All are welcome to attend either meeting which is held in Chapter House adjacent to the Cathedral.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Junior Church meets today, starting at 9.30am in Chapter House. This week's theme is Vocation and the Blessed Virgin Mary.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your full name, house number and postcode and the date.

The Cathedral Prayer Group meets 10.45 to approximately 11.15 on the third Thursday of the month in the Mildmay Chapel.

Safeguarding: From Tuesday 27 August, please address any Safeguarding queries or issues to the Revd Kate Moore, the Assistant Safeguarding Officer for the Cathedral, telephone 07860 459465. (Elizabeth Marshall will be having an eye operation and will be unable to answer any queries or referrals for about two weeks).

Saying Goodbye to Tim Leeson: We will be holding a bring and share lunch in Guy Harlings' garden on September 29, from 12.30-3.30, to say goodbye to Tim Leeson. All are welcome, please contribute whatever you can.

The new programme for Breakfast with the Bible is out and available. The themes are 'Eating and Hunger' and 'Creation and Destruction'. Everyone is warmly invited to attend the sessions. If you would like to go on the mailing list please email imogen.nay@chelmsfordcathedral.org.uk

Saturday 14 September Friends of Essex Churches Trust (FOECT) Sponsored Ride and Stride

The sponsored event runs from 9.00 a.m. to 4.00 p.m. The Cathedral west entrance will be hosting a reception for visitors and providing light refreshments.

If you wish to take part in the event by cycling or walking or if you would like to help on the reception desk please contact Jason Themistocleous email: jthemist@ford.com, M: 07860 914006. For more information go to foect.org.uk

Daily Gospel Readings for this week, to use in your daily prayer:

Monday: Luke 6.6-11 *Thursday:* Luke 6.27-38
Tuesday: Luke 6.12-19 *Friday:* Luke 6.39-42
Wednesday: Luke 6.20-26 *Saturday:* John 3.13-17

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

When we walk in the Lord's presence, everything we see, hear, touch, or taste reminds us of Him. This is what is meant by a prayerful life. It is not a life in which we say many prayers but a life in which nothing, absolutely nothing, is done, said, or understood independently of Him who is the origin and purpose of our existence. — *Henri Nouwen*

Please pray for:

- Teresa Hipgrave, Rita James, Winnie Towers, Norman Sharpe, and all those receiving home communion and all in need of our prayers
- All those involved in education in our schools, colleges, academies and universities
- St John the Baptist, Danbury and Little Baddow URC
- The Province of the Episcopal Church of Sudan; the Most Revd Ezekiel Kumir Kondo, Archbishop

AUTUMN SUNDAYS

Please note these highlights in the Sunday pattern:

29 September: **HARVEST** including an all-age parade service at 9.30 am and the County Harvest Service at 3.30 pm

6 October: **MISSION SUNDAY**— no 9.30 am or 11.15 am service; instead, everyone who worships at the Cathedral is invited and encouraged to worship somewhere else!

13 October: services as normal, but with the High Sheriff's Justice Service at 11.15 am.

The Bishop of Embu



It is a great privilege to welcome Bishop David Muriithi, Bishop of Embu in Kenya, as the preacher at this morning's 9.30 am Eucharist.

Bishop David was consecrated Bishop of Embu in 2014, and our Dean was present at that great occasion in Embu Cathedral. As many people here at Chelmsford Cathedral know, we have a long standing link with Embu, specially through our support for the Cathedral there.

The Anglican Church of Kenya is a fantastic example of a church that takes the Gospel seriously and

seeks to live out the good news in practical action - the church in Embu is home to life changing social outreach projects which spell out the heart of the Christian faith in action.

EMBU CATHEDRAL



The Anglican Church of Kenya (ACK) grew out of the work of the great 19th missionary bishop, James Hannington - who himself died as a martyr in Uganda.

Over the last 100 years, ACK has grown to have an active membership of nearly five million.

The Anglican Church of Kenya has been politically active throughout its history. In recent times the great Archbishop David Gitari famously stood up against President Moi, denouncing election fraud in 1987. The church today is deeply committed to evangelism and to addressing social need. Anglican Development Services, which delivers transformative social projects, is an inspiration and a challenging example to Christians in other parts of the world. Many parishes have local projects addressing debt and provide effective credit unions. ACK had an active public role in the move of Kenya to multi-party democracy and the church sustain active engagement in civil rights and promoting constitutional changes.

SPARKLE & SHINE



Here at Chelmsford Cathedral we run on volunteers! The Cathedral thrives thanks to the great army of willing people who do so much behind the scenes and front of house; in worship, support and pastoral ministry of so many kinds; in fundraising, music making, and - as the picture shows! - keeping everything ship shape. And if you want to volunteer, please ring the office or speak to Andrew Duke (he is the man sweeping up confetti on a Monday morning in this picture!)