

THIS WEEK

Sunday 10 February - Fourth Sunday before Lent

8.00am HOLY COMMUNION, page no 74

President: Revd Kate Moore

8.30am Breakfast with the Bible, led by Canon Alison Kennedy

9.30am PARISH EUCHARIST

President & Preacher: Canon Alison Kennedy

11.15am MATTINS

Preacher: Canon Alison Kennedy

3.30pm EVENSONG

President & Preacher: The Very Revd Nicholas Henshall

Today the Dean is leading worship and preaching at West Ham Parish Church

NEXT WEEK

Sunday 17 February - Third Sunday before Lent

8.00am HOLY COMMUNION, page no 78

President: tbc

8.30am Breakfast with the Bible, led by Revd Kate Moore

9.30am PARISH EUCHARIST with baptisms

President: tbc

Preacher: tbc

11.15am CHORAL EUCHARIST

President: tbc

Preacher: tbc

3.30pm EVENSONG

President & Preacher: tbc

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

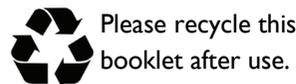
Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

4th Sunday before Lent, 10 February 2019



‘Going Deeper’ for Young People

YOU MAY BE AWARE that the Cathedral runs a number of fellowship groups. But did you know that we also have a similar group for young people? It's called **Going Deeper**, and it's aimed at young people in year 8 and above.

The group meets in people's houses on alternate Sundays, from 7-8.30pm. We eat dinner together (usually pizza), and then spend an hour or so thinking and talking a bit more deeply about faith and life. We try to use our creativity to help us think more deeply: we've used art, music, video, and games recently.



If you'd like to find out some more information about the group, contact Tim, the youth and community chaplain: tim.leeson@chelmsfordcathedral.org.uk.

Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY
01245 294492

and visit our website: chelmsfordcathedral.org.uk

Facebook: /chelmsfordcathedral Twitter: @CCathedral

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Readings for the Fourth Sunday Before Lent

I Corinthians 15.1-11
Psalm 138
Luke 5.1-11

Here I am, Lord, send me ...

This week's readings are full of reassurance and inspiration. However aware we are of our own human limitations, God never stops believing in us, and he needs us to be his messengers. We only need to find the courage to respond to his invitation.

In the **First Reading** Paul sees himself as the least of the apostles, but he has complete faith in the risen Lord and in the gift of God's grace working within him.

In the **Psalm** the writer imagines himself adoring with the angels in the Temple, as he glories in the God who hears us, loves us, and stretches out his hand to save us.

In the **Gospel** Peter agrees rather unwillingly to 'put out into deep water', and is then overwhelmed as he witnesses God's power at work in the miraculous catch of fish. But Jesus tells him to set aside his fears and sense of unworthiness, for even greater work now awaits him. The other disciples, too, leave everything to follow Jesus.

- This week, we pray that God will help us to listen to his call as courageously as Peter did, and then be generous in offering ourselves fully for whatever work he needs us to do.

Next Sunday's Readings - 17/02/19: 3rd before Lent

9.30 am & 11.15 am:

I Corinthians 15.12-20
Psalm 1
Luke 6.17-26

3.30 pm:

Psalms 11, 13
Deuteronomy 30.15-20
I Corinthians 3.1-9

THE WEEK AHEAD

Monday 11 February

5.30 - 7.00pm Youth Group (8pm yr 9+) (YMCA)

Wednesday 13 February

9.30am Parent and Toddler Group (Chapter House)

11am - 3pm 24/7 Prayer (St Peter's Chapel)

12.35pm Eucharist

1.00 - 3.00pm Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm Friendship Club (Chapter House)

Thursday 14 February

10.00am Eucharist

2.00pm Mothers' Union meeting (Chapter House)

Friday 15 February

12.30pm Lunchtime Concert - Reiko Fujisawa (piano)

Saturday 23 February 9.30 for 10am

A talk about the work of Carers First Essex is being held in St Cedd's Hall. It delivers the Essex Carers Service on behalf of the County Council providing carers and families with both emotional and practical support, advice, information and guidance. There will be an opportunity to ask questions after the talk and refreshments are provided. All welcome.

Sunday 24 February 12.45pm Meeting Point Lunch

If you would like to join others for lunch at Olio on the Green, Writtle, please contact Maureen for details and to book tel: 01245 697781.

Friday 1 March

The Women's World Day of Prayer

This year the services will be held at St John's Danbury at 10am and St Martin's, Little Waltham at 2pm.

There is no central Chelmsford service this year.

Thursday 7 March 8pm

Mothers' Union meet in the Chapter House. Lucy Bubb speaks on the Mothers' Union overseas.

Thursday 14 March 9.15am

The New Interest's Group travel to the Dulwich Picture Gallery to view the House Collection with an opportunity to visit the Harald Sohlberg show 'Painting Norway', the first major show of his work in the UK. For further details contact Ann Freese tel: 01245 357096 or email allfreese2@gmail.com

Thursday 14 March 2pm

Mothers' Union meet in St Cedd's Hall where Mary Love leads the Lenten Observance 'Mary's Way of the Cross'.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Junior Church meets today, starting at 9.30am in Chapter House. This week's theme is 'Fishing'.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

John and Kathy Nightingale would like to thank everyone for their cards and good wishes and many acts of kindness. John is making an excellent recovery at home. Please continue to pray for us.

CONFIRMATION

We will be presenting candidates for Confirmation (and Baptism and Confirmation) on Easter Eve with Bishop Stephen here at the Cathedral. Any adults who wish to prepare for Confirmation (or Baptism and Confirmation) please contact the Dean email: dean@chelmsfordcathedral.org.uk or tel: 01245 294492.

The team who count and bank collections would be glad of two or three more members to join them. Please speak to Elizabeth Marshall or Dan Glading if you can help.

The Cathedral Art Group meets every Thursday in the Learning Centre, between 1.30 and 3.30pm. It is not an art class as such: but we meet together to draw or paint and share ideas. So if you can already paint, or would like to learn new skills, do come along. It costs just £1 a week which goes towards tea, biscuits and room expenses. For more information please contact Tony on 01245 265052 or harrington303@outlook.com

Thank you from Age Concern to everyone who donated essential 'cold weather' items following the 'Jubilee Harvest' Parade Service. They were really appreciated by all who received them.

Tuesday 19 February 10am - 12 noon & 2-4pm

Stay and Play LEGO event in the Cathedral. To coincide with half term and the launch of the new LEGO movie, an opportunity for primary age children to come and build LEGO. Some LEGO is provided but you are welcome to bring your own and share your building skills. The event is free but children must be supervised.

**Wednesday 20 February 8pm
Theological Society Lecture**

Andy Drake, CEO of YMCA Essex and a Baptist Minister, speaks on 'What kind of God, and So What?' Held in Chapter House, £3.50 is payable on the door. All welcome.

Thursday 21 February 10.45am

The Cathedral Prayer Group will be meeting in the Mildmay Chapel for prayer. Do come and meet with others to pray. All welcome.

Daily Gospel Readings for this week, to use in your daily prayer:

Sunday: Luke 5.1-11
Monday: Mark 6.53-end
Tuesday: Mark 7.1-13
Wednesday: Mark 7.14-23

Thursday: Mark 7.24-30
Friday: Mark 7.31-end
Saturday: Mark 8.1-10
Sunday: Luke 6.17-26

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

Every serious Christian is willing to make a few initial sacrifices. It is not hard to make a good start. But it is hard to continue, to carry on the work begun, and to persevere in it through many years until the end.

- Thomas Merton

Please pray for:

- Mary Bradford, David Brider, Rosemary Duffin, Mark Harris, Rita James, Julie Liney, Bartholomew Mullane, John Nightingale, Ray Cooper's mother, Winnie Towers; all those receiving home communion and all in need of our prayers
- Springfield Park Baptist Church, Springfield
- An end to misunderstanding, racism and injustice and we give thanks for human diversity
- The Anglican Church of Canada & The Most Revd Frederick Hiltz, Primate

LENT 2019

Lent 2019 here at Chelmsford Cathedral features two special opportunities: On Wednesdays 11 - 12.30pm the Dean leads a simple five-week course on the Eucharist. And on Wednesday evenings 7.30 - 9pm a range of speakers including Bishop Stephen and Brother Sam SSF speak on 'Faith and Pilgrimage,' everybody is welcome. Details are on the website and on the flier in the Cathedral.

Chorister Open Afternoon



Some of the choristers who attended our Open Afternoon are pictured in action in musical warm ups and games which formed part of a successful event. The boys also enjoyed a tour of the cathedral, choir tea, and singing Evensong. Similar events are planned for both boys and girls later this academic year. Enquiries about the choirs and membership should be sent to music@chelmsfordcathedral.org.uk

Candlemas Service



The Cathedral Girls' Choir and Lower Voices took part in a specially designed liturgy at the Epiphany Carols Service on Sunday. The choir and clergy led the congregation around the Cathedral on a journey visiting the three themes of the Epiphany in choral music, hymn-singing, and prayers.

