

THIS WEEK

Sunday 10 June - The Second Sunday after Trinity

8.00 am **HOLY COMMUNION**, page no 158

President: the Very Revd Nicholas Henshall

8.30am Breakfast with the Bible led by Tim Leeson

9.30 am **PARISH EUCHARIST** and welcome to Alfie Liddell and Christopher Andersen

President: the Revd Kate Moore

Preacher: the Very Revd Nicholas Henshall

11.15 am **MATTINS**

Officiant: Canon Ivor Moody

Preacher: the Very Revd Nicholas Henshall

3.30 pm **EVENSONG**

Address: Canon Ivor Moody

This Sunday Canon Edward Carter is preaching at Skillingsfors Church in Sweden, as part of a visit to our partners in Karlstad Diocese this week.

NEXT WEEK

Sunday 17 June - The Third Sunday after Trinity

8.00 am **HOLY COMMUNION**, page no 160

President: Canon Ivor Moody

8.30am Breakfast with the Bible led by Revd Kate Moore

9.30 am **PARISH EUCHARIST**

President: Canon Edward Carter

Preacher: the Very Revd Nicholas Henshall

11.15 am **CHORAL EUCHARIST**

President: the Very Revd Nicholas Henshall

Preacher: the Revd Kate Moore

3.30 pm **EVENSONG**

Address: Canon Edward Carter

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

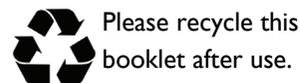
Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri, said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

Second Sunday After Trinity, 10 June 2018



Immerse yourself in choral song

The Cathedral's choirs take the opportunity to present some of their most joyful and rousing repertoire in a concert on Saturday 23 June: Martin Shaw (pictured) was Music Advisor in the Diocese of Chelmsford 1935 - 40 and his music will be performed along with pieces by his friend Ralph Vaughan Williams, and their teacher Hubert Parry (who died 100 years ago this year). Parry's coronation anthem *I was glad* features in the concert, as well as the grand *Hear my words*, sung by the choirs on their recent visit to St Paul's Cathedral. Concert items by Vaughan Williams include *Five Mystical Songs*, and those by Shaw include *With a voice of singing*, *God's Grandeur* (the first performance in the area for 60 years) and other attractive and tuneful works by this



local composer. The choirs always give outstanding performances, and this concert promises to be a very enjoyable occasion. Tickets (£10/£5) are available from the bookstall and ticketsource.co.uk tel: 0333 666 33 66 (there is no booking fee). Do come and support our musicians as they join forces for this wonderful evening.

Contact us at:

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01245 294492

and visit our website: chelmsfordcathedral.org.uk

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Mark 3.20-35

Introduction & Context

So many seek Jesus' help that "they could not even eat" (v. 20). Some mistake his enthusiasm for his mission as insanity, so much so that his "family" (v. 21,) try to "restrain him". Word has reached "Jerusalem" (v. 22); scribes say that he is possessed by a demon, "Beelzebul", a foreign god, and by Satan, the devil, the "ruler of evil spirits". Jesus answers them in "parables" (v. 23, analogies). It is logically impossible for Satan to cast out Satan. If Satan's realm ("kingdom", v. 24) is divided – some demonizing people and others removing evil spirits – it would cease to be, as would a "house" (v. 25, a building or those who live in it). V. 26 puts this plainly. "Truly" (v. 28) shows that Jesus speaks with authority. In his baptism, the Holy Spirit came to Jesus, so it is in his words and actions. One *blasphemes* if one claims that Jesus' authority is from Satan rather than from the Spirit. All sins, however heinous, will be forgiven, except believing that the spirit in Jesus is "an unclean spirit" (v. 30), from Satan: this sin will stand forever ("eternal", v. 29).

Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

Next Sunday's Readings - 17/6/18 :Trinity 3

9.30 am & 11.15 am:

Genesis 3.8-15

Psalms 130

Mark 3.20-35

3.30 pm:

Ps 39

2 Samuel 11.26 – 12.10,13-15

Galatians 2.15-21

THE WEEK AHEAD

Monday 11 June

5.30 - 7.30pm

Youth Group. First Aid @ Ambulance Station (meet Chapter House)

Wednesday 13 June

9.30am

Parent and Toddler Group (Chapter House)

11am - 3pm

24/7 Prayer (St Peter's Chapel)

12.35pm

Eucharist

1.00 - 3.00pm

Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm

Friendship Club (Chapter House)

Thursday 14 June

10.00am

Eucharist

10.15am

Cathedral Walking Group Walk CM19 6LS

2.00pm

Mothers' Union Garden Party (Guy Harlings garden)

Friday 15 June

12.30pm

Lunchtime Concert - Felsted School

Sunday 1 July 11.30am - 2pm

Patronal Festival picnic after the 9.30am all-age service. All welcome to join the fun and traditional fete games in Guy Harlings Garden. Just bring a picnic, a blanket and the sunshine!

5.00pm for 5.30pm

Songs and Scones

An afternoon of popular songs, sung by the Cathedral Girl's Choir and a cream tea supported by Wilkin & Sons. Tickets £10 are available on the Cathedral Book Stall.

Sunday 8 July 4.30pm

Theo Perry, Bass lay clerk, will give a farewell recital after evensong. All welcome.

Thursday 19 July

New Interest's Group visit to the Henry Moore Home, Studios and Gardens with the Sculpture Park and Galleries at Perry Green, near Much Hadham Hertfordshire. Coffee and light lunches are available nearby. Please contact Ann Freese email: allfreese2@gmail.com Please book in advance for group entry with guides. Transport and lifts can be arranged nearer the time. The next outing after that will be on Wednesday 26 September. Details to follow.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Junior Church meets today, starting at 9.30am in Chapter House. This week's theme is 'Jesus said: 'Whoever does God's will is my brother and sister and mother'.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

Congratulations to Malcolm Treacher, one of our sidesmen who received the long service award from the Scout movement in Essex on 4 June on the completion of 70 years as a Scout leader! Some years ago, Malcolm received the MBE for his work in Essex Scouting.

Alison Kennedy: has been appointed as Canon for Worship and Music here at Chelmsford Cathedral and Tutor at St Mellitus College. This is great news and we look forward to welcoming her. Please see the website for further information.

Services in August

For Sundays in August this year there will be one Sunday morning service at 10am replacing the 9.30am and 11.15am. The 8am and 3.30pm services will continue as usual.

Thursday 21 June 10.45am

The next Cathedral Prayer Group meeting will be held in the Jacob Room, Chapter House. All welcome to join members of the Cathedral community as they pray for the Cathedral, Diocese and the needs of the world.

Saturday 23 June 7.30pm

20th Century Choral Classics concert: tickets £10 from ticketsource.co.uk/chelmsfordcathedral (no booking fee) or the Cathedral Book Stall.

Sunday 24 June 11.15am

This service will be a thanksgiving for the new mayor, Cllr Yvonne Spence. As well as being on the social committee, Yvonne regularly attends the 9.30am service. She warmly welcomes all congregations to this special service at 11.15am and to the refreshments that follow.

Sunday 24 June 12.45pm

Meeting Point Lunch: Join others for Sunday lunch at the Fox and Goose. For more details and to book a place, please contact Maureen tel: 01245 697781.

Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	Mark 3.20-35	<i>Thursday:</i>	Matthew 5.20-26
<i>Monday:</i>	John 15.12-17	<i>Friday:</i>	Matthew 5.27-32
<i>Tuesday:</i>	Matthew 5.13-16	<i>Saturday:</i>	Matthew 5.33-37
<i>Wednesday:</i>	Matthew 5.17-19	<i>Sunday:</i>	Mark 4.26-34

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

Grace teaches us that God loves because of who God is, not because of who we are. - *Philip Yancey*

Please pray for:

- Ernie Andrews, Mary Bradford, David Brider, Rosemary Duffin, Lydia Gladwin, Etholle Holmes, Julie Liney, Bartholomew Mullane; all those receiving home communion and all in need of our prayers
- The Chelmsford Street Pastors
- The Friends of Essex Churches Trust and those who work hard to preserve our ancient buildings
- The Anglican Church of Mexico & The Most Revd Francisco Moreno Bishop of Northern Mexico

Dying Matters



THE CATHEDRAL recently hosted two events, in conjunction with Essex County Council for the local community.

The first, the 'Dying Matters' Fair, aimed to bring together a number of organisations from those involved in end-of-life care to

carers and those offering social care and will-writing advice. Those attending the event described it as a positive experience and very useful having a number of different organisations under one roof. Another similar event is planned for next year.

Singing for the Brain



BACK for another year, following last year's success, the **Singing for the Brain** choirs from across Essex joined dementia sufferers, their families and carers for an afternoon reviving happy memories through song.

Singing old and familiar songs is a joyful experience that is proven to improve the lives of those living with dementia. The afternoon was interspersed with talks from The Alzheimer's Society and useful tips and advice. Judging by the enthusiastic singing, it was undoubtedly a highlight of Dementia Action Week.