

THIS WEEK

Sunday 14 July 2019 - the Fourth Sunday after Trinity

- 8.00am HOLY COMMUNION**, page no 162
President: Nicholas Henshall, Dean of Chelmsford
- 8.30am** Breakfast with the Bible, led by *Nick Easton*
- 9.30am PARISH EUCHARIST**
President: Canon Alison Kennedy
Preacher: Canon Ivor Moody
- 11.15am MATINS**
Preacher: Nicholas Henshall, Dean of Chelmsford
- 3.30pm EVENSONG**
Preacher: Canon Imogen Nay

NEXT WEEK

Sunday 21 July 2019 - the Fifth Sunday after Trinity

- 8.00am HOLY COMMUNION**, page no 163
President: Canon Alison Kennedy
- 8.30am** Breakfast with the Bible, led by *Dr Paul Beasley-Murray*
- 9.30am PARISH EUCHARIST**
President: Canon Ivor Moody
Preacher: Canon Imogen Nay
- 11.15am CHORAL EUCHARIST**
President: Canon Ivor Moody
Preacher: Canon Imogen Nay
- 3.30pm EVENSONG**
Preacher: the Revd Kate Moore

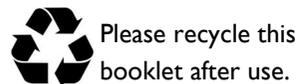
Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evening Prayer: 5.15 pm (choir holidays from now until September)



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CATHEDRAL LIFE WEEKLY

TRINITY 4, 14 July 2019



Farewell, Laurence

Today, as we say farewell to Laurence Lyndon Jones, we celebrate his ministry as Assistant Organist and Director of the Cathedral Girls' Choir here at Chelmsford Cathedral.



Laurence is an outstanding musician and a great colleague. His highly eclectic sense of humour has been a lively feature of the music department and his gentle and approachable manner has made an important impact on our life together as a Cathedral community.

Laurence—a seriously gifted mathematician—is moving on to a

career in big data, but if you want to find out what that means, you probably need to ask him. He will have a characteristically charming and amusing reply! We wish Laurence, Olivia and Arthur well as they move on to new horizons

Contact us at:

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and visit our website: chelmsfordcathedral.org.uk

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Readings for Trinity 4

Deuteronomy 30.9-14
Psalm 25.1-10
Luke 10.25-37

'The Word is very near you'

The Liturgy this Sunday takes us to the very heart of how we are called to live fully human lives as the Body of Christ alive in the world today.

We are reminded in the **First Reading** that we do not have to search far to find God. The Word of God is in our hearts to be felt, and on our lips to be proclaimed to the world. God is within us and all around us!

The **Psalms** is an expression of our need and yearning for God's compassion and love. God is forever turning towards us with that love.

The **Gospel** challenges us to take our faith to a deeper level. We are called to love God with all our heart, soul and being, and this love is to be demonstrated not only in how we relate to ourselves but in how we relate to our neighbour. Jesus wants us to be aware that his Spirit of love is being expressed in the world by people we might even hold in contempt. There are no limits to God's love, and God will always find a way to break through the barriers of our fear and prejudice. This challenge may seem overwhelming, but we are not alone; we are one in Christ. Let us encourage and support each other through prayer, confident that God's law of love will be our guide.

Next Sunday's Readings - 21/7/19 :Trinity 5

9.30 am & 11.15 am:

Genesis 18.1-10a
Psalm 15
Luke 10.38-42

3.30 pm:

Psalm 139
Isaiah 25.1-9
2 Corinthians 1.3-7

THE WEEK AHEAD

Monday 15 July

5.30 - 7.00pm Youth Group (8pm yr 9+) (YMCA)
6.30pm Cathedral School leavers' service

Wednesday 17 July

9.30am Parent and Toddler Group (Learning Centre)
12.35pm Eucharist
1.00 - 3.00pm Welcome on Wednesday: coffee and cake in the North Transept
1.00 - 4.00pm Friendship Club (Chapter House)

Thursday 18 July

10.00am Eucharist

Marshall (Interim Secretary), 9 Rosendale, CMI 2UA, or ej.marshall@blueyonder.co.uk or via the Office. If you know other Friends or Corporate Members please pass this on to them as some of these details are extremely out of date. The next Friends' Festival and AGM is on Saturday 21st September 2019 at 3pm. Everybody is welcome.

AUGUST SUNDAYS

The Sunday service pattern is different in August:

8.00 am: Holy Communion
10.00 am: Sung Eucharist
(with parent and child play area in St Cedd's Chapel)
3.30 pm: Evening Prayer
in a variety of styles

Keren Hollier, choir matron, leaves the staff today after eight years working with the music staff to oversee the care of singers and organists. Herself a choir parent, Keren has also looked after clergy, vergers, servers, and congregants, also undertaking important work with people on the margins of society. We are so grateful for her deep care and commitment to this community and wish her well in a new career.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need is in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your full name, house number and postcode and the date.

Today at 2 – 4 pm:

Songs and Scones — a concert at the Ascension—the choir of the Ascension The choir will be performing alongside guest guitarist Alex Abbott and guest pianist Jamie Cochrane (winner of Essex Young Musician of the Year 2018).

Tuesday 16 July at 10 am:

New Interests Group are off to the outstanding Harlow Civic Centre - Gibberd Gallery and Town Centre sculptures of National significance. Meet at 10

am @ Stand 9 ARRIVA 59 bus stop @ Chelmsford bus station on All welcome—contact Ann Freese allfreese2@gmail.com

Wednesday, 17 July at 8 pm:

Theological Society in *St Cedd's Hall* — *Moving into the Neighbourhood with Hannah Bucke* - a chance to hear Hannah's reflections on a remarkable story as a Methodist minister, amusement park chaplain, and army chaplain. Her experience of "doing church" outside of church buildings will challenge the ways in which we have become too comfortable. Cost: £3.50 (payable on the day)

Refreshments after the 9.30 am Eucharist: weather permitting, refreshments will be served on summer Sundays in the Cathedral grounds on the North side (the left!) Everybody welcome.

Friends of Chelmsford Cathedral The Friends Council is updating the membership list, to include email addresses. If you are a member of the Cathedral Friends, you are invited to send your contact details to Elizabeth

Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	Luke 10.25-37	<i>Thursday:</i>	Matthew 11.28-end
<i>Monday:</i>	Matthew 10.34-11.	<i>Friday:</i>	Matthew 12.1-8
<i>Tuesday:</i>	Matthew 11.20-24	<i>Saturday:</i>	Matthew 12.14-21
<i>Wednesday:</i>	Matthew 11.25-27	<i>Sunday:</i>	Luke 10.38-42

You can find a simple 10-minute reflection at: pray-as-you-go.org

Thought for the day :

We are not called by God to do extraordinary things
But to do ordinary things with extraordinary love. - Jean Vanier

Please pray for:

- Clare Broome, Eileen French, Teresa Hipgrave, Rita James, Winnie Towers, Norman Sharpe, and all those receiving home communion and all in need of our prayers
- All Saints, Writtle
- The Episcopal Church in the Philippines—the Most Revd Joel Atiwag Pachao - Prime Bishop of the Philippines

VACANCIES AT CHELMSFORD CATHEDRAL:

- **Music and Liturgy Assistant (c. £18,000+):** you will produce orders of service and ensure the smooth running of the music department. If you're well organised, with an eye for detail and love working in a team, get in touch.
- **Choir Matron, part time, (c. £9000+):** responsible for day-to-day pastoral care of choristers and working with music staff to ensure their welfare and safeguarding, maintaining a safe, productive and fun environment. Organised, resilient, patient, approachable and have experience of working with young people? Contact us.

Full details visit chelmsfordcathedral.org.uk/jobs, or call 01245 294488.

Closing date: Tuesday 23rd July 2019.

CATHEDRAL LIFE

GO WITH GOD'S BLESSING!

Last Sunday during the 11.15 am service some people may have noticed someone arriving with a bicycle. It was the Revd Colin Atkinson, preparing to set off from Chelmsford Cathedral to cycle thousands of miles to raise money for projects in Southend where he works.

The Dean and Canon Ivor Moody prayed with him in the porch and off he went! On Sunday night Colin headed for Ely—a relatively easy start. But he is then gradually heading down to the south west where he will contend with the endless ups and downs of the Cornish Coastal path!

Colin will finish his ride back here at the Cathedral and we look forward to welcoming him!



CELEBRATING TOGETHER



If you look carefully at the picture you will see that this is not simply the Cathedral Choir, but a choir with visitors from neighbouring churches!

People from Trinity Methodist, the Ascension and Chelmsford Cathedral all sang together at a special Evensong last Sunday to celebrate the long-standing Covenant between our three churches.

It was lovely to welcome congregations from across the churches and thank you to all those who brought such generous refreshments to share afterwards on a balmy evening in the Guy Harlings Garden.

An important moment to mark our commitments to one another and which need regular renewal.