

THIS WEEK

Sunday 18 March - Fifth Sunday of Lent

8.00am **HOLY COMMUNION**, page no 94

President: Canon Edward Carter

8.30am Breakfast with the Bible, led by Canon Edward Carter

9.30am **PARISH EUCHARIST**

President: Revd Kate Moore

Preacher: Canon Edward Carter

11.15am **CHORAL EUCHARIST**

President: Canon Ivor Moody

Preacher: The Very Revd Nicholas Henshall

3.30pm **EVENSONG** and meditation on the Passion

NEXT WEEK

Sunday 25 March - Palm Sunday

8.00 am **HOLY COMMUNION**, page no 95

President: Revd Kate Moore

8.30am Breakfast with the Bible, led by Canon Edward Carter

10.30 am **PALM SUNDAY PROCESSION**

President: Canon Edward Carter

3.30 pm **MUSIC AND READINGS FOR PALM SUNDAY**

Address: The Very Revd Nicholas Henshall

Daily Prayer through the Week (Mon to Sat):

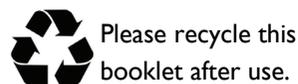
Morning Prayer: 7.45 am

Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir
– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

Fifth Sunday of Lent, 18 March 2018

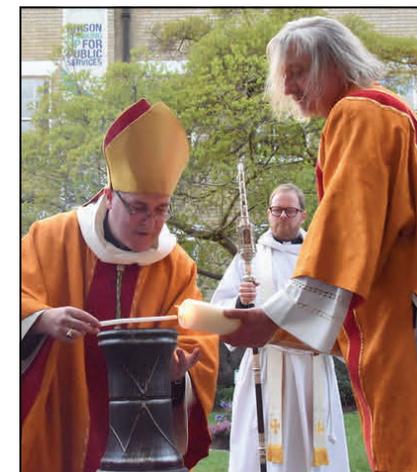


Holy Week and Easter

Holy Week and Easter are the heart of the Christian year as we seek to walk very closely with Jesus through the last week of his life. Use the opportunities of this great week to walk with Jesus. Here is a short introduction to the four key points.

PALM SUNDAY - the 10.30 am celebration focusses on two things: Jesus' triumphant entry into Jerusalem and the reading of the Gospel account of the death of Jesus.

MAUNDY THURSDAY - the 7.45 pm celebration focusses on three things: Jesus washes the disciples' feet; Jesus shares the last supper; Jesus watches in Gethsemane.



GOOD FRIDAY - at 12 noon and 2 pm places the death of Jesus centre stage. And **EASTER DAY** invites us to greet the risen Lord Jesus and the new life he gives to all.

Keeping Holy Week well can literally change your life.

Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY
01245 294492

and visit our website: chelmsfordcathedral.org.uk

Facebook: /chelmsfordcathedral Twitter: @CCathedral

Safeguarding Officer: Elizabeth Marshall 07717 043202



Diocese of
Chelmsford

Study Notes on the Sunday Gospel

John 12.20-33

Introduction & Context

Jesus announces that his “hour” (v. 23) has come. The “hour” in John is not primarily about suffering and death but about glory. So a “grain of wheat” (v. 24) only bears fruit after it seems to have died and has been buried. Serving Jesus involves following his example; this will be honoured by the Father (v. 26). In v. 27, The voice from heaven demonstrate his lifework and teaching have been signs of God’s glory, of his power and presence; God will act again in raising him. The crowd miss the point of the message (v. 29), so Jesus tells them that God has spoken so that they may believe that he comes from God; he already knows this (“not for mine”, v. 30). This is when (“now”, v. 31) those who wilfully turn away from him (“this world”) are condemned (it is they who are judged, not him), and when the devil (“the ruler of this world”) ceases to have power over people. When he is “lifted up from the earth” (v. 32), i.e. crucified and exalted in glory, salvation of all will be possible. This is the paradoxical “kind of death” (v. 33) he will endure.

Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

Next Sunday’s Readings - Palm Sunday : 25/3/18

10.30 am:

Mark 11.1-11

Philippians 2.5-11

Psalm 31.9-16

Mark 14.1 – 15.47

3.30 pm:

Readings and Music for Holy Week

THE WEEK AHEAD

Sunday 18x March

12.45pm

Meeting Point Lunch (The Hare)

5.00pm

Anglia Sinfonia & Anglia Contemporary Theatre
(free concert)

Monday 19 March

5.30 - 7.00pm

Youth Group Yr 6-8 Easter Bring & Share (YMCA)

7.00 - 8.30pm

Youth Group Yr 9 + Easter Bring & Share (YMCA)

Wednesday 21 March

9.30am

Parent and Toddler Group (Chapter House)

11.00am

Lent Group: The Psalms - Prayers for Today’s
Church (Chapter House)

12.35pm

Eucharist

1.00 - 3.00pm

Welcome on Wednesday: coffee and cake in the
North Transept

1.00 - 4.00pm

Friendship Club (Chapter House)

7.30pm

Lent Group: Reflections on Faith and Literature -
Cilla Hawkes, Area Dean of Dunmow and Stansted
speaks on ‘The secret Garden’ by Frances Hodgson
Burnett & other favourites

Thursday 22 March

10.00am

Eucharist

Friday 23 March

12.30pm

Lunchtime Concert - Christine Stevenson (piano)

7.00pm

Compline

contact Pippa Alston tel: 01245
262361, email: pippaalston@aol.com

Wednesday 18 April 8pm

Theological Society Meeting:

Revd Dr Sue Lucas, Team Rector of
East Ham in East London speaks on
‘Revisiting the Welfare State:
William Temple’s wisdom for today’.
Taking place in Chapter House,
£3.50 is payable on the door. All
welcome.

Thursday 19 April 10.45am

The next Cathedral Prayer
Group session takes place in the

Chapter House. All welcome to come
and join others to pray for the
Cathedral, parish, wider community,
the Diocese and the needs of the
world.

Saturday 28 April 7.15 for 7.45pm Dinner in the Cathedral

With guest speakers the Lord
Lieutenant of Essex and the Bishop of
Colchester. Tickets are £25 (for a
four course meal & wine on the table)
from Yvonne Spence tel: 01245
465108 email: yvonnespence
@hotmail.com Do get your tickets
early for what is always a great event.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Junior Church meets today, starting at 9.30am in Chapter House. This week there is an all-age Communion Service led by Canon Ivor Moody.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

Easter Lilies

To sponsor a lily in memory of a loved one, give your donation or a cheque made payable to Chelmsford Cathedral Flower Guild to our treasurer; Isabel Fyfe, 129 Beeches Rd, Chelmsford, CM1 2SA (01245 258505). Each lily is £3, the same as last year. Memorial cards for your name and message will be available from the Treasurer or the vergers.

Saturday 24 March

Canon Ivor Moody is abseiling down the inside of County Hall! As their chaplain he is supporting employees of the council who are raising money for MENCAP. If you would like to sponsor Ivor, please email him: ivor.moody@chelmsfordcathedral.org.uk

Tuesday 27 March 7.30pm

The Choral Scholars will give a free Holy Week concert in Great Waltham Church with music by Victoria & Tallis.

Tuesday 3 April to Thursday 5 April

As part of a Diocesan scheme, 'Encounter Young Leaders', I am going to be running an **Easter Holiday Club** from 3rd to 5th April at the Cathedral for children aged between 6 and 11. If you would like to volunteer or sign up to take part in the holiday club, please see the information on the Cathedral website, on Face Book and Twitter. Alternatively please email rminta@virginmedia.com
Rebecca Minta

Thursday 6 April 8pm

Mothers' Union: Come to a shepherds/veggie pie followed by fruit pie in the Chapter House. Cost is £7 with all proceeds going to English for Women. The meal will be followed by a short talk entitled 'Mary Sumner the founder of the Mothers Union'. All very welcome.

Thursday 12 April 2pm

The Mothers' Union meet in the Chapter House. Janice Goodman from the Cathedral Flower Guild will give a talk and demonstration.

Monday 16 April 7pm

David Thomson is doing a flower arranging demonstration in the Cathedral in support of the Flower Guild. Tickets for what will be a good evening are £15 to include wine and light refreshments. Make a date for your diary and for more details please

Daily Gospel Readings for this week, to use in your daily prayer:

Sunday: John 12.20-33

Monday: Matthew 1.18-25

Tuesday: John 8.21-30

Wednesday: John 8.31-42

Thursday: John 8.51-end

Friday: John 10.31-end

Saturday: John 11.45-end

Sunday: Mark 11.1-11

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

Let the blood and water that flow from your heart
give me a new heart to live a new life. - *Henri Nouwen*

Please pray for:

- Rosemary Duffin, Julie Liney, Bartholomew Mullane; all those receiving home communion and all in need of our prayers
- St John's Church, Moulsham
- Hong Kong Sheng Kung Hui & the Most Revd Paul Kwong, Archbishop

Mothering Sunday



Beth Punter received the Jack Petchey leadership award in recognition of her work in helping to run the youth group over a number of years

Alex spoke at the 9.30am service about a broader view of 'motherhood'. Alex had a difficult childhood and he explained how the YMCA gave him a fresh start by helping him in many ways including finding accommodation. Alex will start University in September, studying adult nursing



The Flower Guild made over 400 posies which were distributed at the 9.30 and 11.15am services



News from Chapter

The Cathedral Chapter met on 6 March and received a report on the Cathedral's Youth and Community Chaplaincy work from Tim Leeson. Members received the 2017 year end accounts and were pleased to note that due to some one-off receipts and ongoing prudence, there was a surplus that will be used to replace the heating system in the Chapter House. Additional funds were also made available to upgrade the external lighting to the Cathedral and this work will begin immediately. The Terms of Reference for the new World Church Links Group were agreed and Rev Canon Edward Carter was confirmed as the group's

chairman. Chapter agreed that Edward Carter would also co-ordinate this year's Stewardship Campaign and it's hoped that the income generated might enable some of the projects identified at last week's Round Table discussion. Finally, the Chapter gave its full backing to the funding campaign launched by the English for Women project which aims to raise £25,000 per year from group and individual donors to fund the project for the next three years. Please contact admin@englishforwomen.org if you wish to find out more.