

## THIS WEEK

**Sunday 21 October - Twenty-First Sunday after Trinity**

**8.00am HOLY COMMUNION**, page no 190

*President: Revd Kate Moore*

**8.30am** Breakfast with the Bible, led by Revd Kate Moore

**9.30am PARISH EUCHARIST with baptisms**

*President: Canon Ivor Moody*

*Preacher: Canon Alison Kennedy*

**11.15am CHORAL EUCHARIST**

*President & President: Canon Alison Kennedy*

**3.30pm EVENSONG**

*Address: Revd Kate Moore*

## NEXT WEEK

**Sunday 28 October - St Cedd**

**8.00am HOLY COMMUNION**, readings on special sheet

*President: The Very Revd Nicholas Henshall*

**8.30am** Breakfast with the Bible, led by Revd Kate Moore

**9.30am PARISH EUCHARIST**

*President: Revd Kate Moore*

*Preacher: The Very Revd Nicholas Henshall*

**11.15am EUCHARIST with hymns - incense is used**

*President: The Very Revd Nicholas Henshall*

*Preacher: Canon Ivor Moody*

**3.30pm EVENSONG**

*Address: The Very Revd Nicholas Henshall*

**Daily Prayer through the Week (Mon to Sat):**

**Morning Prayer:** 7.45 am

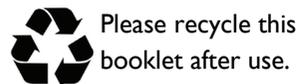
**Holy Communion:** 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

**Midday Prayer** in St Cedd's Chapel

**Evensong/Evening Prayer:** 5.15 pm (sung on Mon, Tues, Thurs & Fri,  
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



Printed by Diocesan Print Unit  
printunit@chelmsford.anglican.org  
chelmsford.anglican.org/printunit

# CATHEDRAL LIFE WEEKLY

21st Sunday after Trinity, 21 October 2018



## Extraordinary October

*The Dean writes*

**From the Essex County Harvest to the 70th anniversary of the NHS, October has been an extraordinary month here at Chelmsford Cathedral!**

I simply want to use this opportunity to say a big thank you to volunteers, staff and our partners in the city, county and diocese for everything we have done together this month to take forward the core mission and ministry of the Cathedral.

That is everything from a quiet celebration of Morning Prayer to five days of university graduations; from the High Sheriff's Justice Service to the Backnang Concert.



I convene a national group of smaller cathedrals, punching above their weight and seeking to make a difference. That describes October here at Chelmsford perfectly. Thank you for the role that each person has played and our work together in the service of the diocese, the city and the region.

### Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY  
01245 294492

and visit our website: [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)

Facebook: /chelmsfordcathedral Twitter: @CCathedral

Safeguarding Officer: Elizabeth Marshall 07717 043202



Diocese of  
Chelmsford

## Study Notes on the Sunday Gospel

---

### Mark 10.35-45

#### Introduction & Context

Two members of the inner circle ask a favour of Jesus: they seek positions of special dignity at the messianic banquet in heaven at the end of time (v. 37). Jesus answers: *you do not know the implications of what you ask*. In the Old Testament, one's "cup" (v. 38) is one's lot assigned by God, be it blessing or condemnation. Here, Jesus is speaking of his suffering and death. To be baptised with Jesus' baptism is to share fully in God's ways. James and John confidently answer yes (v. 39) and accept all the consequences. Only the Father knows whom he has called to special places in the kingdom. Jesus tells all the disciples: pagan authority depends on power and force (v. 42) but for disciples, it is different (v. 43): to be "great" now and in the kingdom ("become", v. 43 and "be", v. 44) one must serve others; to be "first", one must serve even more humbly, as a "slave". Jesus, the "Son of Man" (v. 45), in his voluntary abasement, is the example: he gave even his life for the freedom of others, gaining their release from punishment and death for their sins.

#### Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- If you are a group, share your reflections in pairs or as a whole group (remembering that each person will have different perspectives and views on the passage)
- Read the passage for a final time and give thanks to God for the gift of his holy word.

---

## Next Sunday's Readings - 28/10/18 : ST CEDD

### 9.30 am & 11.15 am:

Jonah 3: 1-5

Psalms 87

Matthew 9: 35-end

### 3.30 pm:

Pss 100, 117

Romans 15: 17-21

Luke 5: 1-11

## THE WEEK AHEAD

### Monday 22 October

11.30am Funeral of Sue Brignell

### Wednesday 24 October

11am - 3pm 24/7 Prayer (St Peter's Chapel)

12.35pm Eucharist

1.00 - 3.00pm Welcome on Wednesday: coffee and cake in the North Transept

1.00 - 4.00pm Friendship Club (Chapter House)

### Thursday 25 October

10.00am Eucharist

10.00am Cathedral Walking Group Walk (CM9 6LS)

### Friday 26 October

12.30pm Lunchtime Concert - Song Cycle (male vocal quartet)

for an additional helper on the rota. Please contact Andrew Duke if you would like to help.

**Sponsoring a flower arrangement** in the Cathedral is an excellent way to celebrate an occasion or remember a loved one, and at the same time giving very welcome support to the Flower Guild. For fuller details please contact Elizabeth Stedman on 01245 359268 or [estedman@hotmail.co.uk](mailto:estedman@hotmail.co.uk) or any member of the Flower Guild.

### Monday 30 October 11am

**The New Interests Group** have arranged a guided tour of The Custom House. Cost £3 per head. Please contact Ann Freese by email: [allfreese2@gmail.com](mailto:allfreese2@gmail.com) if you would like to book a place.

### Friday 2 November 7.30pm

**Tickets** are now on sale, priced £27 for the **Choirs' Association annual Candlelit Supper**. Tickets are available on the Cathedral book stall and by emailing [cc.candlelitsupper@gmail.com](mailto:cc.candlelitsupper@gmail.com)

### Saturday 10 November 9am Volunteers' Training Event

*Andrew Duke, Volunteer Coordinator, writes:* Mark Neville (Essex Dementia Friendly Communities Coordinator and Family Navigator, Alzheimer's Society) is running a session on *Dementia Friends* in St Cedd's Hall, refreshments at 8.30 and 10.15 and finish by noon at the latest.

Everyone is very warmly welcome to engage with this important issue and to help make the Cathedral a dementia friendly community. Please let me know if you would like to come.

## NOTICES & DATES FOR THE DIARY

**A very warm welcome** to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

**There is no Junior Church** today as it is half term.

**Yellow Envelopes** If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

**Thank you** to everyone who lent the youth group camp beds or inflatable mattresses over the summer. If you haven't got yours back yet, contact Tim: [tim.leeson@chelmsfordcathedral.org.uk](mailto:tim.leeson@chelmsfordcathedral.org.uk) to arrange collection or delivery.

### Remembrance Weekend

**Chelmsford Singers, The Choirs of Chelmsford Cathedral & Chelmsford Sinfonietta** present an evening of music on the eve of Remembrance Sunday including Herbert Howells 'Hymnus Paradisi' and the first UK performance of Michael Leighton Jones 'Remembrance'. The concert starts at 7.30pm and tickets (from £10) are available from [ticketsource.co.uk](http://ticketsource.co.uk), 0333 6663366 or the Cathedral bookstall.

**11 November** will begin with a lone piper playing from the Cathedral

tower at 6 am as part of a short act of remembrance to which all are very welcome. This will be followed by light refreshments in the Cathedral.

**The 9.30am service** follows as usual but there will not be refreshments and **no 11.15 am service**. Instead everyone is encouraged to attend the Civic Service of Remembrance outside the Civic Centre in Duke Street at 10.55am. This is followed by a procession through the city centre, ending with a short service by the Shire Hall at 11.30am. Refreshments will then be available in the Cathedral. **Please note** the road outside the Shire Hall will be closed all day.

**The Cathedral** is involved in the 'Link to Hope Family & Elderly Shoebox Appeal' for 2018. Please return shoeboxes by 4 November.

**White Peace Poppies** are freely available in the Cathedral for Remembrance. These may be worn (with a red poppy if you wish) as a commitment to seeking peace and non-violent solutions to conflict.

**The Pedestal Flower Arrangement** at the West End of the Nave is sponsored by Tony Adams to celebrate Tony and Diane's 35th Wedding Anniversary.

**Children's Society boxes:** Please return boxes in the coming weeks either to Richard Spilsbury or to one of the vergers. Please do not leave them in the drawers.

**The team who serve coffee** after the 9.30am service would be grateful

## Daily Gospel Readings for this week, to use in your daily prayer:

<i>Sunday:</i>	Mark 10.35-45	<i>Thursday:</i>	Luke 12.49-53
<i>Monday:</i>	Luke 12.13-21	<i>Friday:</i>	Matthew 9: 35-end
<i>Tuesday:</i>	Luke 12.35-38	<i>Saturday:</i>	Luke 13.1-9
<i>Wednesday:</i>	Luke 12.39-48	<i>Sunday:</i>	Matthew 9: 35-end

You can find a simple 10 minute reflection at: [pray-as-you-go.org](http://pray-as-you-go.org)

### Thought for the day

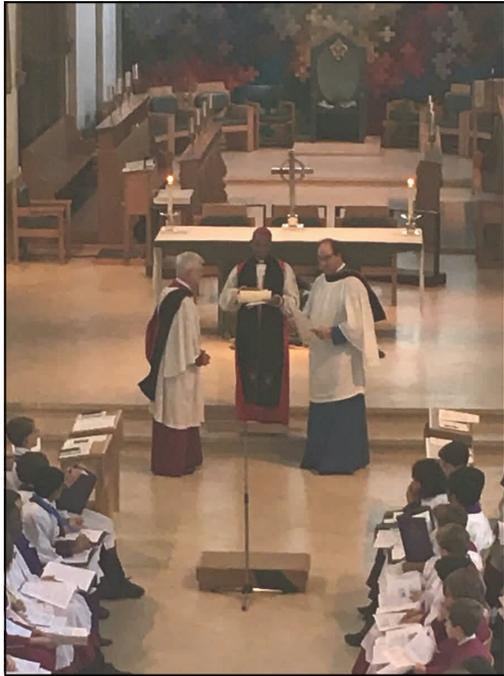
Humility is not thinking less of yourself.  
It is thinking of yourself less.

- C S Lewis

### Please pray for:

- Patrick Appleford, Mary Bradford, David Brider, Jean Cooper, Rosemary Duffin, Mark Harris, Rita James, Julie Liney, Bartholomew Mullane, Winnie Towers; all those receiving home communion and all in need of our prayers
- The families of Sebastian Wallace, Amelie Reynolds and Olivia Baggs who are being baptised this morning
- The friends and family of Barbara Hart who died last week
- Tile Kiln Church
- The time when all peoples of the world will live together in peace, harmony and love
- The Church of West Africa & The Most Revd Daniel Sarfo, Primate and Metropolitan

## Recent Events at Chelmsford Cathedral



*140 singers filled the Nave with glorious sounds at the RSCM Area Festival on 29 September. Directed at short notice by Colin Baldy, the service included the presentation of an RSCM associateship to Andrew Wright, Master of Music at Brentwood Cathedral for his ecumenical voice.*



*The Justice Service saw more than 150 people representing many areas in public life attend the Cathedral, marking the start of the legal year and the year in office of the High Sheriff, Bryan Burrough.*