

THIS WEEK

Sunday 27 May - Trinity Sunday

8.00am **HOLY COMMUNION**, page no 153

President: the Revd Kate Moore

8.30am Breakfast with the Bible, led by *The Very Revd Nicholas Henshall*

9.30am **PARISH EUCHARIST**

President: the Revd Kate Moore

Preacher: Canon Edward Carter

11.15am **CHORAL EUCHARIST**

President: the Very Revd Nicholas Henshall

Preacher: Canon Ivor Moody

3.30pm **EVENSONG**

Address: the Very Revd Nicholas Henshall

NEXT WEEK

Sunday 3 June - First Sunday after Trinity

8.00 am **HOLY COMMUNION**, page no 156

President: Canon Edward Carter

8.30am Breakfast with the Bible led by *Heike Prentice*

9.30 am **PARISH EUCHARIST**

President: the Very Revd Nicholas Henshall

Preacher: Heike Prentice

11.15 am **CHORAL EUCHARIST**

President: Canon Edward Carter

Preacher: Heike Prentice

3.30 pm **EVENING PRAYER WITH HYMNS**

Address: the Very Revd Nicholas Henshall

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

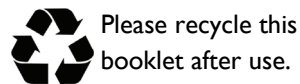
Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

Trinity Sunday, 27th May 2018



Celebration of Cathedral's World Church Links



Bishop Stephen and other visitors from Chelmsford Diocese in Embu, Kenya, earlier this year. Embu Cathedral was built in 1986, and includes some beautiful glass windows and PA system donated by Chelmsford Cathedral.

Today at the Cathedral we are celebrating our links with the world-wide church, with a specially adapted 9.30am Parish Eucharist.

The Cathedral's 'Africa Group' ran for many years, and has now been expanded to include the Diocesan links we have with Karlstad Diocese in the Lutheran

Church of Sweden, the Anglican Diocese of Trinidad & Tobago, the Orthodox Archdiocese of Iași, Romania, as well as the five dioceses of Mount Kenya East.

If you'd like to know more about these links, or join the Steering Group, please contact Canon Edward Carter.

Contact us at:

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and visit our website: chelmsfordcathedral.org.uk

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

John 3.1-17

Introduction & Context

Nicodemus comes to Jesus secretly because a man of his stature could not be seen consulting Jesus. He has understood from Jesus' "signs" that Jesus is "from God". But Jesus (in v. 3) tells him that he has not yet understood the main point: to "see the kingdom of God", spiritual rebirth is required. Nicodemus misunderstands: he thinks Jesus is speaking of *biological* rebirth (v. 5). Being "born from above" (v. 3) requires being baptised (v. 5). Many things can be seen only in their effect; such is birth in the Spirit (v. 8). Still Nicodemus doesn't understand: he needs to have faith. Then, in v. 12, Jesus says: you don't comprehend what can be told in analogies so how can you possibly believe mysteries?

Vv. 13-17 are a monologue. Only Christ has descended and ascended. The "serpent" (v. 14) is mentioned in Numbers 21:9-11: there the people were bitten by poisonous snakes; some died and others became gravely ill. Instructed by God, Moses mounted ("lifted up") a bronze snake on a pole. Those who looked at this emblem (trusting in God) were healed, lifted up, given life. God in his love provides eternal life to all who believe (v. 16). If you wilfully do not believe, you will perish. There is no third alternative! God's intention is that you believe, rather than be condemned (v. 17).

Once you are settled and are ready to go:

- Read the passage slowly and reflectively
- Note anything that particularly strikes you and refer to the notes if they are helpful
- Spend a few moments in quiet reflection
- Read the passage for a final time and give thanks to God for the gift of his holy word.

Next Sunday's Readings - 3/6/18 :Trinity 2

9.30 am & 11.15 am:

Genesis 3.8-15

Psalms 130

2 Corinthians 4.13 – 5.1

Mark 3.20-35

3.30 pm:

Psalms 1, 15

Isaiah 42.5-12

Acts 14.8-28

THE WEEK AHEAD

Wednesday 30 May

12.35pm

Eucharist

1.00 - 3.00pm

Welcome on Wednesday: coffee and cake in the North Transept

3.30 - 4.30pm

Dementia Friends Talk

1.00 - 4.00pm

Friendship Club (Chapter House)

6.00 - 8.00pm

LGBT (Chelmergate)

Thursday 31 May

9.00am

Eucharist

5.30pm

Eucharist for Corpus Christi

Friday 1 June

12.30pm

Lunchtime Concert - Orpheus Singers (Ladies' Choir)

Saturday 2 June

8.15am

Holy Communion with laying-on of hands

10.00am

Coffee in the Cathedral

Welcome on Wednesday Café for everyone

Would you like to join a friendly and enthusiastic team of people who help with this very worthwhile activity? Held in the Cathedral every Wednesday from 1.00pm - 3.00pm, we are there to welcome everybody who likes to attend. The team needs more helpers to assist with serving teas, coffees and cakes. If you like talking to, and listening to people, you would be just the person to join us.

To discover more, please ring Pippa Alston - 01245 262361 or Sue Cross - 01245 631248

Thursday, 31 May

Corpus Christi is a special day of thanksgiving for the gift of Holy Communion. The Eucharist will be celebrated at 8.15am and at 9am, and there will be an additional Eucharist at 5.30pm where incense will be used.

Sunday 3 June 6pm

'Songs for the Soul' - Ivor is doing a talk about his book and playing some music from one of the featured songs at St. Mary's Maldon during their evening service. Refreshments will be served afterwards. All are welcome. If anybody would like a lift let Ivor know.

Thursday 7 June 7pm

Mothers' Union trip to the Church of the Ascension. (Please note the earlier time from the usual evening meetings).

Saturday 9 June 9am

Meeting for all current and potential Sidesperons: the meeting will take place in Chapter House, please come along if you are currently or thinking about taking on the role. For more information please speak to Maureen Benson or Elizabeth Marshall.

Thursday 14 June 2pm

Mothers' Union Garden Party in Guy Harlings Garden.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

There is no Junior Church this week as it is half term.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your name, house number and postcode and the date.

A reference copy of the Annual Report and Accounts for 2017 is available on the Welcome Desk. Please contact the Treasurer if you wish to receive an emailed copy.

Heike Prentice

Heike has been a great gift to the Cathedral over the last three years and next Sunday we will be saying farewell as she prepares for her ordination at St Paul's. She will then be moving to St Peter's, Hammersmith to serve as curate.

Next Sunday, there will be an opportunity to celebrate Heike's time with us - she will preach at both main morning services. Between 9.30am and 11.15am there will be refreshments and speeches! And at the end of 11.15am a formal, final liturgical goodbye.

If you would like to contribute to Heike's leaving present - a home

communion set - please see Elizabeth Marshall.

Alison Kennedy

Alison has just been appointed as Canon for Worship and Music here at Chelmsford Cathedral and Tutor at St Mellitus College. This is great news and we look forward to welcoming her. Please see the additional sheet for further information.

John Moses

The former provost of Chelmsford Cathedral has just written a new book - The Art of Thomas Merton. You can buy it through Amazon and Redemptorist Press and we hope to have some copies on the bookstall.

Services in August

For Sundays in August this year there will be one Sunday morning service at 10am replacing the 9.30am and 11.15am. The 8am and 3.30pm services will continue as usual.

Tour Guide Training

We're delighted to be holding another **Tour Guide Training session** in June. If you have a passion for the Cathedral and its welcome to visitors, and have a day or two a month available to show groups around the building, please do attend the training. The session will be led by the Dean and Jill Preston from the National Trust. If you'd like to take part, please contact Ralph Williams in the Cathedral Office on ralph.williams@chelmsfordcathedral.org.uk

Daily Gospel Readings for this week, to use in your daily prayer:

Sunday: John 3.1-17

Monday: Mark 10.17-27

Tuesday: Mark 10.28-31

Wednesday: Mark 10.32-45

Thursday: John 6.51-58

Friday: Mark 11.11-26

Saturday: Mark 11.27-end

Sunday: Mark 2.23 – 3.6

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

We pray for the big things and forget to give thanks for the ordinary, small (and yet really not small) gifts.

— Dietrich Bonhoeffer

Please pray for:

- Ernie Andrews, Mary Bradford, David Brider, Rosemary Duffin, Lydia Gladwin, Etholle Holmes, Julie Liney, Bartholomew Mullane; all those receiving home communion and all in need of our prayers
- The Workplace Chaplaincy Team
- The Anglican Church of Korea & The Most Revd Onesimus Dongsin Park, Primate of the Anglican Church of Korea & Bishop of Busan

Pentecost Sunday



Rebecca Minta received the Jack Petchey Award for her tremendous work leading the Easter Holiday Club, her help and support as a young leader with the Brownies and for her other volunteering roles including as a befriender at Interact which works to improve the emotional well-being and opportunities of young people and young adults with disabilities.

A 'flash-mob' illustrated Canon Ivor Moody's sermon on 'Vocation belonging to everyone'. On a trigger word, members of the congregation and ministry team silently joined Ivor to illustrate the point the Holy Spirit enables all to go out into the world to demonstrate God's love to others.



“When the day of Pentecost had come they were all together in one place”

Cathedral Walking Group



The Cathedral Walking Group holds a walk once a month for most months of the year and these are advertised in the newsheet. May's walk fell on a Friday so I decided to join them. The walks tend to be between three and five miles, this one was a few metres more as we took a detour for coffee (and cake) at the café at Paper Mill Lock in Little Baddow!

It was a lovely walk with excellent company; we spotted a heron amongst other birds and heard a lot more birdsong. It is amazing that just a few metres from the pub where we parked in Hatfield Peverel, we were out in the fields and it was so peaceful away from any road noise. We walked at a gentle pace and arrived back at the pub in time for lunch, where we were joined by several others who hadn't been able to walk. I would definitely recommend joining the group on the next walk, details will be in the newsheet next week and thank you to the group for welcoming me to join them. *Clare Broome*