

THIS WEEK

Sunday 4 August 2019 - the Seventh Sunday after Trinity

8.00am HOLY COMMUNION, page no 167

President: Canon Alison Kennedy

8.30am Breakfast with the Bible

10.00am THE EUCHARIST

President: Canon Alison Kennedy

Preacher: Canon Alison Kennedy

3.30pm EVENING PRAYER led by Canon Alison Kennedy

NEXT WEEK

Sunday 11 August 2019 - the Eighth Sunday after Trinity

8.00am HOLY COMMUNION, page no 168

President: Canon Ivor Moody

8.30am Breakfast with the Bible

10.00am THE EUCHARIST

President: Canon Imogen Nay

Preacher: Canon Ivor Moody

3.30pm EVENING PRAYER led by Nicholas Henshall, Dean of Chelmsford

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

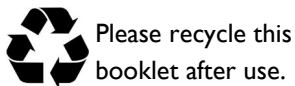
Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evening Prayer: 5.15 pm

Flower Arrangements:

The pedestal flower arrangement at the West End of the Nave has been sponsored by Elizabeth Marshall, Helen and Catherine in memory of Mervin, who died 6th August 2013.



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CATHEDRAL LIFE WEEKLY

TRINITY 7, 4 August 2019



HOLIDAYS

Holiday is made up of two simple words: "holy" and "day". It comes from the time when the only days off people had were religious festivals. But there is something worth treasuring here, especially now we are into August.

Because our holidays ought to be "holy days" - times when we have leisure, recreation, time to reflect. But also time to get a glimpse of glory—the glory of a God of abundance who wants us to share in that abundance, to have time and leisure for God and for one another. To be in his presence and know his love.



AUGUST SUNDAYS

A different pattern for August:

8.00 am Holy Communion

10.00 am: THE EUCHARIST
crèche in St Cedd's

3.30 pm: Evening Prayer
in a variety of styles

Weather permitting, refreshments will be served after 10am services in the Cathedral grounds on the north side (the left)! Everybody welcome.

Contact us at:

Cathedral Office, New Street, Chelmsford CMI 1TY

01245 294492

and visit our website: chelmsfordcathedral.org.uk

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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Readings for Trinity 7

Ecclesiastes 1.2,12-14; 2.18-23

Psalm 49.1-13

Luke 12.13-21

Facing our foolishness

In today's readings we are invited to look at the human condition—our foolishness and pride but also our capacity for love and for God.

The First Reading is a famous passage from Ecclesiastes—“Vanity of vanities, says the Teacher”, a wail of despair at the way human beings will put their trust in anything (wealth, land, possessions, reputation) but fail to see that it is meaningless.

This is followed up by the Psalm which invites us recognize that putting our trust in wealth is meaningless folly.

And this all reaches its climax in the Gospel—the “parable of the rich fool”, which could not be clearer!

This week think about where we put our trust—in God or in ourselves; in the Lord or in what we earn and own. Speak to the Lord about this.

Daily Gospel Readings for daily prayer:

<i>Sunday:</i>	Luke 11.1-13	<i>Thursday:</i>	Matthew 16.13-23
<i>Monday:</i>	Matthew 14.13-21	<i>Friday:</i>	Matthew 16.24-end
<i>Tuesday:</i>	Luke 9.28-36	<i>Saturday:</i>	Matthew 17.14-20
<i>Wednesday:</i>	Matthew 15.21-28	<i>Sunday:</i>	Luke 12.32-40

You can find a simple 10 minute reflection at: pray-as-you-go.org

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need is in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your full name, house number and postcode and the date.

Monday 5 August:

New Interest Group plan to meet at Oaklands Park Hive Cafe @10am then tour the new galleries, after this walk into town for lunch together. All welcome.

Wednesday 7 August:

"Loads of Cobbles" - Flint & Other Stones in Essex Church Walls. A Study Day, Tour & Lunch in aid of St Mary's, Broomfield. Organised by The Art Society. Cost £20. Bring a seat. Further details from Ann Freese allfreese2@gmail.com.

Thursday 8 August:

Cathedral walking group. Ramble in Hatfield Forest. Meet in the Lake/Shell House Car Park by 10:15am, for a circular walk for 2 hours. Lunch/coffee can be bought from the Lakeside Cafe.

Sunday 11 August:

Inter Faith Cricket match at Willingale Cricket Club, starting at 2pm! Support your Chelmsford Cathedral cricket team in an inaugural match against the Chelmsford Hindu community. Please bring food for a shared tea afterwards.

Fellowship Groups

'I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from the Father'. John 15.15

Would you like to get to know people better in the Cathedral? Would you appreciate a relaxed setting in which to learn more about your faith, study the Bible and grow friendships? Fellowship groups runs in the day time (Wed) and in the evenings. If you would like to know more, have a chat to Rev Imogen.

Breakfast with the Bible

One of the joys that I have encountered here at the Cathedral is 'Breakfast with the Bible'. A great way to delve into Scripture, gently guided by different leaders with discussion AND breakfast! It is running throughout the summer holidays at 8.30am in the Chapter House on 28th July and 4th August, then in the Learning Centre on 11/18/25 August, 1 Sept then back in the Chapter house on the 8th Sept. All Welcome, Rev Imogen.

Please pray for:

- Clare Broome, Eileen French, Teresa Hipgrave, Rita James, Winnie Towers, Norman Sharpe, and all those receiving home communion and all in need of our prayers
- Central Baptist Church—Phil Marsden & Leesa McKay, Ministers
- The Church of the Province of South East Asia and the Most Revd Ng Moon Hing - Archbishop of South East Asia & Bishop of West Malaysia