



***Eucharist  
on the Fourteenth Sunday after Trinity***

*Sunday 13<sup>th</sup> September 2020  
at 10.30am*

President: *Very Rev'd Nicholas Henshall*  
Preacher: *Canon Ivor Moody*

**You are warmly welcomed to our Eucharist at Chelmsford Cathedral, whether you are joining us online at home or in the Cathedral. Today is the Fourteenth Sunday after Trinity.**

Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off.

**Toilets:** Unfortunately, at this time our toilets are closed. However, public toilets can be found very nearby (behind the Golden Fleece pub).

**Hearing Aids:** There is a loop system installed throughout the church. If you are a hearing aid user, please turn it to **T**.

**Gluten-free wafers are available.** Please speak to one of the stewards.

**Music:** The music today will be played by James Davy, Organist and Master of the Choristers. Programme notes are included in the inside back cover.

**You are warmly invited to make a financial contribution to the life of the cathedral** by making a donation using the contactless giving plates near the doors. Your gift will be used to enable us to deliver our ministry in its varied forms, from hosting community events, cultural activities, maintaining free entry to this glorious building, supporting our musical and worship tradition and much more. If you would like to find out more about our planned giving scheme, please ask one of the stewards. Thank you.

**Receiving communion:** You are invited to receive communion (in one kind – the bread) at your seat. Please hold out your hands to receive and the bread will be placed in your hands.

**If the alarm sounds,** please make your way out of the Cathedral via the nearest available door and if it is safe to do so, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please do not go back for your belongings until you are told it is safe to do so.

# ¶ **The Gathering**

*Music before the service:*

Ecce Agnus Dei *from Sinfonia in honore Sancti Joannis Baptistae*  
*Naji Hakim (b. 1955)*  
Saraband & Interlude *Herbert Sumsion (1899 – 1996)*  
Prelude in E flat *William Harris (1883 – 1971)*

*Before the celebration begins, the congregation is welcomed. Please stand.*

## **The Greeting**

*The President says*

The grace of our Lord Jesus Christ, the love of God,  
and the fellowship of the Holy Spirit be with you all  
**and also with you.**

## **Prayers of Penitence**

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept for a short while.*

**All**    **Most merciful God,**  
**Father of our Lord Jesus Christ,**  
**we confess that we have sinned**  
**in thought, word and deed,**  
**through negligence, through weakness,**  
**through our own deliberate fault.**  
**We are truly sorry**  
**and repent of all our sins.**  
**For the sake of your Son Jesus Christ,**  
**who died for us,**  
**forgive us all that is past**  
**and grant that we may serve you in newness of life**  
**to the glory of your name.**  
**Amen.**

*The President says*

Almighty God  
who forgives all who truly repent,  
have mercy on you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All*     **Amen.**

### **The Gloria**

*All*     **Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.**

*All*     **Amen.**

## The Collect

*The President says Let us pray. The congregation, still standing, remains for a short time in silent prayer, after which the President prays:*

O God, most high,  
you are slow to anger and rich in compassion.  
Keep alive in us the memory of your mercy,  
that our angers may be calmed  
and our resentments dispelled.  
May we discover the forgiveness  
promised to those who forgive  
and become a people rich in mercy.  
We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God for ever and ever.

*All*     **Amen.**

*Please sit*

## ¶ **The Liturgy of the Word**

### The First Reading

*Romans 14: 1 - 12*

*Read by Val Eveleigh*

Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgement on those who eat; for God has welcomed them. Who are you to pass judgement on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honour of the Lord. Also those who eat, eat in honour of the Lord, since they give thanks to God; while those who abstain, abstain in honour of the Lord and give thanks to God.

We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living.

Why do you pass judgement on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgement seat of God. For it is written, 'As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God.' So then, each of us will be accountable to God.

The Lord is my light and salvation;

*All*     **The Lord is the strength of my life.**

### **Psalm 103 v 8 - 13**

***Response: The Lord is full of compassion and mercy.***

Bless the Lord, O my soul,  
and all that is within me bless his holy name.  
Bless the Lord, O my soul,  
and forget not all his benefits;  
Who forgives all your sins  
and heals all your infirmities;  
Who redeems your life from the Pit  
and crowns you with faithful love and compassion.

***Response: The Lord is full of compassion and mercy.***

Who satisfies you with good things,  
so that your youth is renewed like an eagle's.  
The Lord executes righteousness  
and judgement for all who are oppressed.  
He made his ways known to Moses  
and his works to the children of Israel.  
The Lord is full of compassion and mercy,  
slow to anger and of great kindness.

***Response: The Lord is full of compassion and mercy.***

## **The Gospel Reading**

*Matthew 18: 21 - 35*

*The Deacon says*

Hear the Gospel of our Lord Jesus Christ according to Matthew.

*All*     **Glory to you, O Lord.**

Then Peter came and said to him, 'Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?' Jesus said to him, 'Not seven times, but, I tell you, seventy-seven times.

'For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, "Have patience with me, and I will pay you everything." And out of pity for him, the lord of that slave released him and forgave him the debt. But that same slave, as he went out, came upon one of his fellow-slaves who owed him a hundred denarii; and seizing him by the throat, he said, "Pay what you owe." Then his fellow-slave fell down and pleaded with him, "Have patience with me, and I will pay you." But he refused; then he went and threw him into prison until he should pay the debt. When his fellow-slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, "You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow-slave, as I had mercy on you?" And in anger his lord handed him over to be tortured until he should pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart.'

This is the Gospel of the Lord.

*All*     **Praise to you, O Christ.**

*Please sit*

## The Sermon

*Canon Ivor Moody*

## Music after Sermon

*Prelude in G Herbert Sumsion*

## Affirmation of faith

*The congregation stands when the President stands. The President says*

Let us affirm our faith in Jesus Christ the Son of God.

*All:*     **Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.**

*cf Philippians 2:6-11*

## Prayers of Intercession

*The President says*

In the power of the Spirit and in union with Christ,  
let us pray to the Father.

*The congregation sits or kneels. The intercessions are led by Nick Robinson.  
This response is used after each bidding:*

Lord, hear us.

*All*     **Lord, graciously hear us.**

*After the final bidding the President says:*

Merciful God,  
your Son came to save us  
and bore our sins on the cross:  
may we trust in your mercy  
and know your love,  
rejoicing in the righteousness that is ours  
through Jesus Christ our Lord.

All **Amen.**

*Please stand*

## ¶ **The Liturgy of the Sacrament**

### **The Peace**

*The President says*

Christ is our peace,  
He has reconciled us to God  
in one body by the cross.  
We meet in his name and share his peace.  
The peace of the Lord be always with you

All **and also with you.**

*The Deacon says*

Let us offer one another a sign of peace.

### **Music during the Preparation of the Altar**

Lento *from A Little Organ Book in Memory of Hubert Parry*

*Frank Bridge 1879 – 1941*

### **Prayer at the Preparation of the Altar**

*The President says*

Wise and gracious God,  
you spread a table before us;  
nourish your people with the word of life  
and the bread of heaven.

All **Amen.**

*Please remain standing.*

## **The Eucharistic Prayer**

*All*      The Lord be with you  
**and also with you.**

*All*      Lift up your hearts.  
**We lift them to the Lord.**

*All*      Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

And now we give you thanks  
because by water and the Holy Spirit  
you have made us in him a new people to show forth your glory.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

*All*      **Holy, Holy, Holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

*All*

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Mary, Peter,  
Cedd and all the saints,

may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father, for ever and ever.

*All* **Amen.**

*Please sit*

### **The Lord's Prayer**

Rejoicing in God's new creation,  
as our Saviour taught us, so we pray:

**Our Father,**  
**who art in heaven,**  
**hallowed be thy name;**  
**thy kingdom come;**  
**thy will be done;**  
**on earth as it is in heaven.**  
**Give us this day our daily bread.**  
**And forgive us our trespasses,**  
**as we forgive those who trespass against us.**  
**And lead us not into temptation;**  
**but deliver us from evil.**  
**For thine is the kingdom,**  
**the power and the glory,**  
**for ever and ever. Amen.**

### **Breaking of the Bread**

*The President breaks the consecrated bread saying*

We break this bread to share in the body of Christ.

*All* **Though we are many, we are one body,**  
**because we all share in one bread.**

*The bread is broken*

*All* **Lamb of God, you take away the sin of the world:**  
**have mercy on us.**  
**Lamb of God, you take away the sin of the world:**  
**have mercy on us.**  
**Lamb of God, you take away the sin of the world:**  
**grant us peace.**

## The Giving of Communion

*The President says*

The body of Christ. The blood of Christ.

*Please stand*

*The President and people receive communion (from their seats). Please indicate if you wish to receive Communion by holding out your hands. If you simply wish to receive a blessing, please keep your head bowed.*

*Music will be sung and played during the distribution of Communion.*

### **SPIRITUAL COMMUNION**

*If you are worshipping online, while the priest receives communion, you are invited to use this prayer of spiritual communion wherever you are.*

Thanks be to you, Lord Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly, and follow you more nearly,  
day by day. Amen. *after the Prayer of St Richard of Chichester*

### **Prayer after Communion**

*The President says* Let us pray. *A moment of silence is kept. Then the President prays:*

Lord God, the source of truth and love,  
keep us faithful to the apostles' teaching and fellowship,  
united in prayer and the breaking of bread,  
and one in joy and simplicity of heart,  
in Jesus Christ our Lord.

*All* **Amen.**

## **The Dismissal**

*Please stand*

### **The Blessing**

*The President blesses the people*

The God of all grace,  
who called you to his eternal glory in Christ Jesus,  
establish, strengthen and settle you in the faith;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All*     **Amen.**

### **The Dismissal**

*The Deacon says*

Go in the peace of Christ.

*All*     **Thanks be to God.**

*Please remain standing as the clergy process out.*

### **Organ Voluntary**

*Carillon Herbert Murrill (1909 – 1952)*

*Please take this order of service with you to use in your prayer through the week.*

*If you wish to make a financial donation to support the mission and ministry of the Cathedral, you can do so by visiting the home page of the Cathedral website, “Supporting your Cathedral”, and following the link to our online giving page.*

## Music Notes

*Naji Hakim's works owe a debt to the music of Igor Stravinsky, and to his own Lebanese heritage; following Olivier Messiaen as organist of the Paris church of La Trinité Hakim is a composer of profound faith, and many works are religious in theme. Ecce Agnus Dei (Behold the Lamb of God) is the central movement of a work in honour of John the Baptist, and the music this movement is based on a Basque melody, with a hint of the harmony (often lush, occasionally dissonant) for which Hakim is known.*

*The music of Herbert Sumsion is often associated with the 'pastoral' music written in the first half of the twentieth century; although some of his music is more inspired than that of many of his peers, it is similar in his use of modal harmonies, as Vaughan Williams and Howells did. Sumsion's interest of form (and particular a three-beat metre) is characteristic of his neatly-finished works, and shows a sense of economy, rather than sprawl. The Saraband is an old dance form with the main stress on the second beat of three, and is complemented here by a more freeform interlude that soars above the dancefloor. The Prelude in G is a minor work, and typical of Sumsion's gentler works.*

*In the course of a distinguished career as an organist and choir director, Sir William Harris ended his career as Organist of St George's Chapel, Windsor, and composed a large quantity of organ music. His Prelude in E flat was written in one sitting in J S Bach's church of St Thomas, Leipzig in a convincing pastiche style.*

*Frank Bridge is best remembered now for being an inspirational teacher of the young Benjamin Britten, but his own music is very fine, and - written over a long period – developed in style towards a more forward-looking outlook than most of his contemporaries. His organ music has its roots in late Victorian and Edwardian styles, but with a level of harmonic interest that marks its quality. This miniature seems to reflect Bridge's interest in writing for string ensembles and opens and closes with a line that might be played on Bridge's own instrument, the viola.*

*Herbert Murrill was a British composer of prodigious talent, being appointed Professor of Composition at the Royal Academy of Music aged 24, also working for various churches, the BBC, and in the Intelligence Corps during the Second World War. His output is still not widely known, apart from this lively organ work, from the repetitions of the opening pattern evoking the joyous pealing of bells to the triumphant bursts of sound from the organ's large reed stop.*

## **CHELMSFORD CATHEDRAL WORSHIP ONLINE**

Join us during the week for prayer online at the following times every day:

7.45am: Morning Prayer

5.15pm: Evening Prayer

8.15pm: Night Prayer

On Sundays, you can also join us for:

8.30am: Breakfast with the Bible

10.30am: Eucharist

For details of how to listen live or later, visit our website [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk) and find our Church at Home page.

*If you would like to know more about the Christian faith and the life of the Christian community in this place please speak to Canon Imogen Nay, ring 01245 294486 or visit us at [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)*

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