

*Chelmsford Cathedral*



***Eucharist  
on the Ninth Sunday after Trinity***

*Sunday 9<sup>th</sup> August 2020  
at 10.30am*

President: Revd. Kate Moore  
Preacher: The Very Revd. Nicholas Henshall

**You are warmly welcomed to our eucharist at Chelmsford Cathedral, whether you are joining us online at home or in the Cathedral. Today is the Ninth Sunday after Trinity.**

Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off.

**Toilets:** Unfortunately at this time our toilets are closed. However, public toilets can be found very nearby (behind the Golden Fleece pub).

**Hearing Aids:** There is a loop system installed throughout the church. If you are a hearing aid user, please turn it to **T**.

**Gluten-free wafers are available.** Please speak to one of the stewards.

**You are warmly invited to make a financial contribution to the life of the cathedral** by making a donation using the contactless giving plates near the doors. Your gift will be used to enable us to deliver our ministry in its varied forms, from hosting community events, cultural activities, maintaining free entry to this glorious building, supporting our musical and worship tradition and much more. If you would like to find out more about our planned giving scheme, please ask one of the stewards. Thank you.

**Receiving communion:** You are invited to receive communion (in one kind – the bread) at your seat. Please hold out your hands to receive and the bread will be placed in your hands.

**If the alarm sounds,** please make your way out of the Cathedral via the nearest available door and if it is safe to do so, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please do not go back for your belongings until you are told it is safe to do so.

# ¶ **The Gathering**

*Music before the service:*

Auf meinen lieben Gott BuxWV 179 *Dieterich Buxtehude (1637 – 1707)*  
Schmücke dich, o liebe Seele BWV 654 *J S Bach (1685 – 1750)*

*Before the celebration begins, the congregation is welcomed.*

*Please stand*

## **The Greeting**

*The President says*

The grace of our Lord Jesus Christ, the love of God,  
and the fellowship of the Holy Spirit be with you all

*All* **and also with you.**

## **Prayers of Penitence**

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept for a short while.*

*All* **Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

*The President says*

Almighty God  
who forgives all who truly repent,  
have mercy on you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All*     **Amen.**

### **The Gloria**

*All*     **Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.**

*All*     **Amen.**

## The Collect

*The President says Let us pray. The congregation, still standing, remains for a short time in silent prayer, after which the President prays:*

God of all power,  
your sovereign word comes to us in Christ.  
When your Church is in danger, make firm our trust;  
when your people falter, steady our faith.  
Show us in Jesus your power to save,  
that we may always acclaim him as Lord,  
who lives and reigns with you  
in the unity of the Holy Spirit,  
God for ever and ever.

All **Amen.**

*Please sit*

## The Liturgy of the Word

### The First Reading

*Romans 10.5-15*

*Read by Tony Allen*

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down) 'or "Who will descend into the abyss?"' (that is, to bring Christ up from the dead). But what does it say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

But how are they to call on one in whom they have not believed?  
And how are they to believe in one of whom they have never  
heard? And how are they to hear without someone to proclaim  
him? And how are they to proclaim him unless they are sent? As it  
is written, 'How beautiful are the feet of those who bring good  
news!'

If we live by the Spirit;

*All* **Let us also be guided by the Spirit.**

**Psalm 85: 8 - 13**

***Response: Show us your mercy, O Lord, and grant us your salvation.***

I will listen to what the Lord God is saying,  
for he is speaking peace to his faithful people  
and to those who turn their hearts to him.  
Truly, his salvation is very near to those who fear him,  
that his glory may dwell in our land.

***Response: Show us your mercy, O Lord, and grant us your salvation.***

Mercy and truth have met together;  
righteousness and peace have kissed each other.  
Truth shall spring up from the earth,  
and righteousness shall look down from heaven.

***Response: Show us your mercy, O Lord, and grant us your salvation.***

The Lord will indeed grant prosperity,  
And our land will yield its increase.  
Righteousness shall go before him,  
And peace shall be a pathway for his feet.

***Response: Show us your mercy, O Lord, and grant us your salvation.***

*Please stand*

## The Gospel Reading

*Matthew 14:22 - 33*

*The Deacon says*

All Hear the Gospel of our Lord Jesus Christ according to Matthew.  
**Glory to you, O Lord.**

Immediately after feeding the crowd with the five loaves and two fish, Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.' Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

*Please sit*

## The Sermon

*Canon Ivor Moody*

## Music after Sermon

Liebster Jesu, wir sind hier BWV 633 J S Bach (1685 – 1750)

## Affirmation of faith

*The congregation stands when the President stands. The President says*

Let us affirm our faith in Jesus Christ the Son of God.

*All:*     **Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.**

*cf Philippians 2:6-11*

## Prayers of Intercession

*The President says*

In the power of the Spirit and in union with Christ,  
let us pray to the Father.

*The congregation sits or kneels. The intercessions are led by Mary Love.  
This response is used after each bidding:*

Lord, hear us.

*All*     **Lord, graciously hear us.**

*After the final bidding the President says:*

Gracious Father,  
revive your Church in our day,  
and make her holy, strong and faithful,  
for your glory's sake  
in Jesus Christ our Lord.

*All*     **Amen.**

*Please stand*

## ¶ **The Liturgy of the Sacrament**

### **The Peace**

*The President says*

Christ is our peace,  
He has reconciled us to God  
in one body by the cross.  
We meet in his name and share his peace.  
The peace of the Lord be always with you  
**and also with you.**

*All*

*The Deacon says*

Let us offer one another a sign of peace.

### **Music during the Preparation of the Altar**

Liebster Jesu, wir sind hier BWV 731 J S Bach

### **Prayer at the Preparation of the Altar**

*The President says*

Wise and gracious God,  
you spread a table before us;  
nourish your people with the word of life  
and the bread of heaven.

*All*

**Amen.**

*Please remain standing.*

### **The Eucharistic Prayer**

The Lord be with you  
**and also with you.**

*All*

Lift up your hearts.

*All*

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

*All*

**It is right to give thanks and praise.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
holy Father, almighty and eternal God.  
From sunrise to sunset this day is holy,  
for Christ has risen from the tomb  
and scattered the darkness of death  
with light that will not fade.  
This day the risen Lord walks with your gathered people,  
unfolds for us your word,  
and makes himself known in the breaking of the bread.  
And though the night will overtake this day  
you summon us to live in endless light,  
the never-ceasing sabbath of the Lord.  
And so, with choirs of angels  
and with all the heavenly host,  
we proclaim your glory  
and join their unending song of praise:

*All:*     **Holy, Holy, Holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:

Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

*All*

**Christ has died:  
Christ is risen:  
Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Mary, Peter,  
Cedd and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

*All*

**Amen.**

## The Lord's Prayer

Rejoicing in God's new creation,  
as our Saviour taught us, so we pray:

**Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

## Breaking of the Bread

*The President breaks the consecrated bread saying*

We break this bread to share in the body of Christ.

*All*     **Though we are many, we are one body,  
because we all share in one bread.**

*The bread is broken*

*All*     **Lamb of God, you take away the sin of the world:  
have mercy on us.  
Lamb of God, you take away the sin of the world:  
have mercy on us.  
Lamb of God, you take away the sin of the world:  
grant us peace.**

## The Giving of Communion

*The President says*

The body of Christ

*Please stand*

*The President and people receive communion (from their seats). Please indicate if you wish to receive Communion by holding out your hands. If you simply wish to receive a blessing, please keep your head bowed.*

## Music during Communion

O Lamm Gottes, unschuldig BWV 618 J S Bach

Improvisation

## SPIRITUAL COMMUNION

*If you are worshipping online, while the priest receives communion, you are invited to use this prayer of spiritual communion wherever you are.*

Thanks be to you, Lord Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly, and follow you more nearly,  
day by day. Amen. *after the Prayer of St Richard of Chichester*

## Prayer after Communion

*The President says Let us pray. A moment of silence is kept. Then the President prays:*

Holy Father,  
who gathered us here around the table of your Son  
to share this meal with the whole household of God:  
in that new world where you reveal the fullness of your peace,  
gather people of every race and language  
to share in the eternal banquet of Jesus Christ our Lord.

*All*     **Amen.**

## **¶**     **The Dismissal**

*Please stand*

### **The Blessing**

*The President blesses the people*

The God of all grace,  
who called you to his eternal glory in Christ Jesus,  
establish, strengthen and settle you in the faith;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All*     **Amen.**

### **The Dismissal**

*The Deacon says*

Go in the peace of Christ.

*All*     **Thanks be to God.**

*Please remain standing as the clergy process out.*

### **Organ Voluntary**

Präludium in C BuxWV 137 Dieterich Buxtehude

*Please take this order of service with you to use in your prayer through the week.*

## Music Notes

**Dieterich Buxtehude** was a renowned composer, teacher, organist, and musical impresario, occupying a central place in early Baroque music: as part of the North German organ school he influenced many, including J S Bach. Although his choral music shows signs of the Italian influence that had reached Northern Europe by his time, Buxtehude's organ music is very much of its own place. The *stylus fantasticus* was a rhetorical musical style with an improvisatory feel, featuring a combination of solos for the pedals (not widely adopted on English organs for another two hundred years), and bravura writing for the hands – this is combined with brief imitative sections, and is found in Buxtehude's larger-scale pieces such as the *Präludium in C*, which also incorporates a Chaconne, a dance with a repeated pattern played by the feet with varied accompaniment above.

The sung music of the Lutheran church at the time revolved around the singing of hymns (chorales) and preludes were improvised or written to introduce the hymns to congregations, who had begun to sing to organ accompaniment around the start of the 17<sup>th</sup> century. The chorale preludes of Buxtehude are largely decorated treatments of chorale melodies with self-contained accompaniments; others show abstract invention, including *Auf meinen lieben Gott*, a set of variations in dance forms based on the melody heard at the beginning and end.

**Johann Sebastian Bach**, one of the greatest figures in Western music, took much inspiration from Buxtehude and his music, walking from Arnstadt to Lübeck – nearly 300 miles – at the age of 20 to hear the older man and to learn from his work; his initial leave of absence of one month became three without warning, and his musical transformation on his return was a further source of discomfort to his employers and congregations, as his inventiveness was sparked to disconcerting heights. Bach's large-scale organ preludes are more tightly written, with separate, more developed, fugues; his approach to the chorale prelude was similarly transformative – Bach often reflected themes and passages in the hymn texts with musical ideas to suggest the swirling river Jordan, the cross of Christ, number symbolism (e.g. in references to the Ten Commandments), and the use of canon (a melody repeated at a distance) to suggest someone following Christ.

The preludes on *Liebster Jesu, wir sind hier* (Dearest Jesus, we are here) adopt two ideas: the canonic treatment in the prelude heard after the sermon – the two lines separated by two beats' time and four notes apart; and the ornamented melody in that heard at the Offertory. The prelude *O Lamb of God, most stainless* (at the giving of Communion) begins with a canonic accompaniment, with the melody played by the feet; *Deck thyself, my soul, with gladness*, (heard before the service) is a more substantial piece in a plainer format: a self-contained accompaniment plays throughout, making room for the chorale melody to be heard in the topmost part.

## **CHELMSFORD CATHEDRAL WORSHIP ONLINE**

Join us during the week for prayer online at the following times every day:

7.45am: Morning Prayer

5.15pm: Evening Prayer

8.15pm: Night Prayer

On Sundays, you can also join us for:

8.30am: Breakfast with the Bible

10.30am: Eucharist

For details of how to listen live or later, visit our website [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk) and find our Church at Home page.

*If you would like to know more about the Christian faith and the life of the Christian community in this place please speak to Canon Imogen Nay, ring 01245 294486 or visit us at [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)*

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